

# KMC Beachclassic Hoek van Holland - Den Helder | 05-11-2017

## Uitslag Overall

Nr	StNr	Naam	Woonplaats	Cat	#Cat	Netto1	Netto2	NettoTijd	Bruto1	Bruto2	BrutoTijd	km/u	AgeGrp	DQ
1	6	Thijs Zonneveld	AMSTERDAM	MLIC	1	02:02:32	01:39:58	03:42:29	02:02:31.10	01:39:59.25	03:42:30.34	31,014	MLIC18	
2	117	Johnny Hoogerland	KWADENDAMME	MLIC	2	02:02:23	01:39:59	03:42:21	02:02:32.37	01:39:58.97	03:42:31.34	31,034	MLIC18	
3	4	Jasper Ockeloen	DORDRECHT	MLIC	3	02:02:31	01:40:17	03:42:47	02:02:30.54	01:40:17.14	03:42:47.67	30,972	MLIC18	
4	5	Bram Imming	EGMOND BINNEN	MLIC	4	02:02:48	01:40:01	03:42:48	02:02:47.67	01:40:01.70	03:42:49.37	30,970	MLIC18	
5	58	Jim van den Berg	AMSTERDAM	MLIC	5	02:02:43	01:40:02	03:42:45	02:02:43.86	01:40:05.94	03:42:49.80	30,978	MLIC18	
6	1	Jordy Buskermolen	KUDELSTAART	MLIC	6	02:02:49	01:39:59	03:42:47	02:02:48.05	01:40:02.75	03:42:50.80	30,974	MLIC18	
7	3	Ronan van Zandbeek	SCHIJNDEL	MLIC	7	02:02:45	01:40:42	03:43:27	02:02:44.68	01:40:42.01	03:43:26.69	30,881	MLIC18	
8	130	Tim Kerkhof	NISTELRODE	MLIC	8	02:02:41	01:41:16	03:43:57	02:02:46.92	01:41:16.88	03:44:03.80	30,813	MLIC18	
9	12	Tino Haakman	ENKHUIZEN	MLIC	9	02:02:50	01:41:16	03:44:05	02:02:49.14	01:41:17.58	03:44:06.71	30,793	MLIC18	
10	8	Robbert de Nijs	WARMENHUIZEN	MLIC	10	02:02:37	01:41:37	03:44:13	02:02:36.34	01:41:36.65	03:44:12.99	30,775	MLIC18	
11	11	Ramses Bekkenk	ALKMAAR	MLIC	11	02:02:31	01:42:04	03:44:34	02:02:30.13	01:42:04.37	03:44:34.50	30,727	MLIC18	
12	20	Bram Rood	BROEK OP LANGEDIJK	MLIC	12	02:02:35	01:42:06	03:44:40	02:02:34.18	01:42:05.90	03:44:40.07	30,712	MLIC18	
13	220	Sybre Welling	GRONINGEN	MLIC	13	02:02:47	01:42:20	03:45:06	02:02:48.28	01:42:21.45	03:45:09.72	30,654	MLIC18	
14	13	Pascal Noort	HAARLEM	MLIC	14	02:04:21	01:41:18	03:45:38	02:04:20.10	01:41:18.28	03:45:38.38	30,582	MLIC18	
15	78	Thomas Chamon	BELGIË	MLIC	15	02:06:49	01:39:06	03:45:55	02:06:57.90	01:39:14.01	03:46:11.91	30,544	MLIC18	
16	36	Maarten Himpens	OOSTDUINKERKE	MLIC	16	02:06:58	01:39:06	03:46:03	02:06:57.04	01:39:14.97	03:46:12.01	30,525	MLIC18	
17	150	Jelle Maeyaert	VEURNE	MLIC	17	02:06:52	01:39:09	03:46:01	02:07:01.73	01:39:15.50	03:46:17.22	30,529	MLIC18	
18	25	Arthur Rutte	HAARLEM	MLIC	18	02:08:31	01:38:37	03:47:08	02:08:30.86	01:38:40.93	03:47:11.79	30,379	MLIC18	
19	47	Frederik Decaesteker	DIKSMUIDE	MLIC	19	02:06:38	01:40:19	03:46:56	02:06:56.00	01:40:19.78	03:47:15.78	30,406	MLIC40	
20	37	Laurens ten Dam	OUDORP	MLIC	20	02:08:34	01:39:06	03:47:39	02:08:33.78	01:39:10.36	03:47:44.14	30,310	MLIC18	
21	51	Stijn Appel	SPANBROEK	MLIC	21	02:02:26	01:45:37	03:48:02	02:02:35.70	01:45:37.70	03:48:13.39	30,259	MLIC18	
22	87	Henri Delheye	KNOKKE	MLIC	22	02:06:41	01:41:14	03:47:54	02:06:58.48	01:41:15.93	03:48:14.40	30,277	MLIC40	
23	33	Jody Tesselaar	HEERHUGOWAARD	MLIC	23	02:08:29	01:40:23	03:48:51	02:08:28.29	01:40:30.25	03:48:58.53	30,151	MLIC18	
24	45	Thijs Al	HAARLEM	MLIC	24	02:08:34	01:40:24	03:48:58	02:08:33.56	01:40:27.40	03:49:00.96	30,137	MLIC18	
25	44	Gerben Mos	HAVELTE	MLIC	25	02:07:06	01:42:06	03:49:11	02:07:05.11	01:42:05.86	03:49:10.96	30,107	MLIC18	
26	31	Melvin Bos	SINT PANCRAS	MLIC	26	02:08:30	01:41:30	03:50:00	02:08:29.93	01:41:29.33	03:49:59.26	30,002	MLIC18	
27	7	Sem Huitema	SCHOORL	MLIC	27	02:04:18	01:45:42	03:49:59	02:04:17.30	01:45:43.25	03:50:00.55	30,002	MLIC18	
28	22	Wim Botman	AVENHORN	MLIC	28	02:06:57	01:43:01	03:49:58	02:06:56.56	01:43:06.14	03:50:02.70	30,006	MLIC18	
29	9	Robbie Gevers	SCHIJNDEL	MLIC	29	02:07:03	01:43:31	03:50:33	02:07:02.29	01:43:40.01	03:50:42.29	29,929	MLIC18	
30	217	Pim de Waard	HEILOO	MLIC	30	02:08:26	01:42:25	03:50:50	02:08:38.10	01:42:24.02	03:51:02.11	29,893	MLIC50	
31	30	André van Reek	LISSE	MLIC	31	02:08:33	01:42:35	03:51:07	02:08:32.55	01:42:37.02	03:51:09.57	29,855	MLIC50	
32	43	Bram de Waard	PETTEN	MLIC	32	02:08:30	01:42:41	03:51:10	02:08:29.98	01:42:42.09	03:51:12.07	29,849	MLIC40	

33	10	Cees Snoek	VOLENDAM	MLIC	33	02:08:31	01:42:42	03:51:13	02:08:30.91	01:42:43.95	03:51:14.86	29,844	MLIC18
34	144	Frits van Lieshout	SPAARNDAM	MLIC	34	02:08:26	01:43:17	03:51:42	02:08:31.35	01:43:21.04	03:51:52.38	29,781	MLIC18
35	139	Daniël Langereis	DELFT	MLIC	35	02:08:26	01:43:50	03:52:16	02:08:29.06	01:43:52.32	03:52:21.37	29,708	MLIC18
36	19	Marc Kivits	SCHIJNDEL	MLIC	36	02:03:02	01:52:25	03:55:27	02:03:01.19	01:52:28.62	03:55:29.80	29,308	MLIC18
37	131	Jim Kes	VOLENDAM	MLIC	37	02:07:07	01:49:02	03:56:08	02:07:07.20	01:49:08.69	03:56:15.89	29,222	MLIC18
38	18	Hidde Bos	HAARLEM	MLIC	38	02:08:44	01:47:28	03:56:11	02:08:43.30	01:47:35.08	03:56:18.37	29,215	MLIC18
39	147	Tom Van Loon	GIERLE	MLIC	39	02:10:35	01:45:35	03:56:09	02:10:44.06	01:45:36.80	03:56:20.85	29,219	MLIC18
40	224	Sebastiaan ten Zeldam	HAARLEM	MLIC	40	02:04:21	01:52:03	03:56:23	02:04:22.61	01:52:05.40	03:56:28.01	29,191	MLIC18
41	172	Roy Rotteveel	NOORDWIJKERHOUT	MLIC	41	02:08:12	01:48:02	03:56:14	02:08:35.93	01:48:02.64	03:56:38.56	29,209	MLIC18
42	14	Henry Kes	VOLENDAM	MLIC	42	02:10:51	01:46:22	03:57:13	02:10:50.40	01:46:27.91	03:57:18.31	29,089	MLIC50
43	16	Martin Schutttert	BURGUM	MLIC	43	02:04:23	01:53:13	03:57:35	02:04:22.08	01:53:18.11	03:57:40.18	29,044	MLIC18
44	100	Jelle Goderis	BELGIE	MLIC	44	02:10:35	01:47:27	03:58:01	02:10:42.37	01:47:30.50	03:58:12.87	28,990	MLIC18
45	68	Ad de Brabander	KWINTSHEUL	MLIC	45	02:07:03	01:51:09	03:58:11	02:07:06.03	01:51:13.71	03:58:19.74	28,970	MLIC18
46	27	Berry Hollander	SASSENHEIM	MLIC	46	02:10:50	01:47:32	03:58:21	02:10:49.55	01:47:31.42	03:58:20.96	28,949	MLIC18
47	23	Toon Imming	EGMOND BINNEN	MLIC	47	02:10:50	01:47:58	03:58:48	02:10:49.86	01:47:58.84	03:58:48.70	28,896	MLIC18
48	39	Jos van Dorp	WIERINGERWAARD	MLIC	48	02:10:52	01:48:06	03:58:57	02:10:51.31	01:48:10.48	03:59:01.78	28,877	MLIC60
49	642	Maurice Monch	ALKMAAR	MBAS	1	02:12:09	01:46:45	03:58:54	02:12:41.74	01:46:46.60	03:59:28.33	28,883	MBAS18
50	40	Marcel Snippe	JULIANADORP	MLIC	49	02:07:05	01:52:24	03:59:29	02:07:04.76	01:52:27.67	03:59:32.42	28,814	MLIC18
51	315	Jasper Laroo	EGMOND BINNEN	MBAS	2	02:12:41	01:46:56	03:59:37	02:12:40.95	01:46:55.60	03:59:36.54	28,797	MBAS18
52	321	Stefan van der Werff	EGMOND-BINNEN	MBAS	3	02:12:41	01:47:08	03:59:49	02:12:40.75	01:47:08.80	03:59:49.55	28,773	MBAS18
53	67	Didier Boumans	DEN HAAG	MLIC	50	02:10:42	01:49:03	03:59:45	02:10:49.12	01:49:03.11	03:59:52.22	28,782	MLIC18
54	306	Henk Verdonk	EGMOND AAN DEN HOEF	MBAS	4	02:10:19	01:49:38	03:59:57	02:10:20.19	01:49:45.79	04:00:05.98	28,757	MBAS18
55	301	Ronald de Jong	ZOETERMEER	MBAS	5	02:10:22	01:49:40	04:00:01	02:10:21.12	01:49:46.00	04:00:07.12	28,749	MBAS18
56	320	Ton Rob	MEDEMBLIK	MBAS	6	02:10:19	01:49:41	04:00:00	02:10:21.97	01:49:49.91	04:00:11.87	28,751	MBAS18
57	314	Peter Res	UTRECHT	MBAS	7	02:10:24	01:50:28	04:00:51	02:10:23.37	01:50:33.11	04:00:56.48	28,649	MBAS40
58	324	Mark Stavenuiter	ANDIJK	MBAS	8	02:10:34	01:50:36	04:01:09	02:10:36.22	01:50:39.04	04:01:15.26	28,614	MBAS18
59	138	Nico van Langen	SCHAGEN	MLIC	51	02:10:30	01:50:35	04:01:05	02:10:50.82	01:50:42.43	04:01:33.24	28,621	MLIC40
60	789	Nico Vlaming	ANNA PAULOWNA	MBAS	9	02:14:12	01:47:17	04:01:28	02:14:16.92	01:47:22.87	04:01:39.79	28,576	MBAS50
61	313	Erwin Griekspoor	DRIEHUIS	MBAS	10	02:14:16	01:47:28	04:01:43	02:14:18.25	01:47:35.41	04:01:53.66	28,547	MBAS18
62	118	Jisk Hoogervorst	NOORDWIJKERHOUT	MLIC	52	02:15:01	01:46:38	04:01:39	02:15:13.38	01:46:42.68	04:01:56.05	28,555	MLIC18
63	178	Jasper Schouten	DRONTEN	MLIC	53	02:08:53	01:52:49	04:01:41	02:09:07.57	01:52:54.29	04:02:01.85	28,551	MLIC18
64	303	Bram de Vries	ANDIJK	MBAS	11	02:12:31	01:49:29	04:01:59	02:12:32.96	01:49:35.17	04:02:08.12	28,515	MBAS18
65	21	Jorn Teer	ASSENDELFT	MLIC	54	02:14:14	01:48:27	04:02:40	02:14:13.66	01:48:28.62	04:02:42.27	28,435	MLIC18
66	197	Frank Timmermans	OOSTKAMP	MLIC	55	02:13:52	01:48:32	04:02:24	02:14:10.14	01:48:37.08	04:02:47.22	28,466	MLIC18
67	1134	Kees-Jan Koppenaal	MIDDENBEEMSTER	MCYC	1	02:16:42	01:46:05	04:02:47	02:17:00.90	01:46:07.18	04:03:08.08	28,422	MCYC18
68	85	Sven De Meydts	ZEEBRUGGE	MLIC	56	02:14:45	01:48:18	04:03:03	02:15:04.96	01:48:18.68	04:03:23.63	28,390	MLIC18
69	226	Tibor Zwaan	EGMOND AAN ZEE	MLIC	57	02:10:42	01:52:40	04:03:22	02:10:47.69	01:52:40.13	04:03:27.81	28,353	MLIC18
70	634	Erwin Mesu	HEERENVEEN	MBAS	12	02:13:18	01:49:22	04:02:40	02:14:19.93	01:49:27.77	04:03:47.69	28,435	MBAS18

71	225	Thijs Zuurbier	JULIANADORP	MLIC	58	02:14:46	01:48:34	04:03:19	02:15:15.01	01:48:44.40	04:03:59.40	28,359	MLIC18
72	48	Jesper Smorenberg	NOORDWIJKERHOUT	MLIC	59	02:17:18	01:46:39	04:03:56	02:17:17.60	01:46:42.52	04:04:00.12	28,287	MLIC18
73	164	Michel Pannekeet	ALKMAAR	MLIC	60	02:17:12	01:46:44	04:03:56	02:17:28.60	01:46:49.16	04:04:17.75	28,288	MLIC18
74	129	Mick Kemper	VOLENDAM	MLIC	61	02:15:08	01:49:10	04:04:17	02:15:08.40	01:49:15.21	04:04:23.60	28,247	MLIC18
75	208	Hans Jurgen Verselder	ERTVELDE	MLIC	62	02:10:42	01:53:51	04:04:32	02:10:46.11	01:53:52.19	04:04:38.29	28,217	MLIC18
76	55	Raymond Bakker	DEN HELDER	MLIC	63	02:15:03	01:49:15	04:04:17	02:15:15.69	01:49:25.13	04:04:40.82	28,247	MLIC18
77	41	Marcel Beukers	PETTEN	MLIC	64	02:15:10	01:49:36	04:04:46	02:15:09.60	01:49:35.43	04:04:45.03	28,192	MLIC50
78	26	Dennis Kulk	NOORDWIJK	MLIC	65	02:10:51	01:53:58	04:04:49	02:10:50.77	01:54:01.03	04:04:51.79	28,185	MLIC40
79	1163	Lars Lindemann	HAVIXBECK	MCYC	2	02:12:49	01:51:56	04:04:44	02:13:02.37	01:51:55.27	04:04:57.64	28,195	MCYC18
80	1035	Max Feger	MALSFELD	MCYC	3	02:12:46	01:51:55	04:04:41	02:13:02.95	01:51:55.35	04:04:58.29	28,200	MCYC18
81	846	Hein Zwinkels	MONSTER	MBAS	13	02:14:54	01:50:11	04:05:04	02:15:06.21	01:50:12.52	04:05:18.73	28,156	MBAS18
82	357	Vincent Beentjes	CASTRICUM	MBAS	14	02:15:02	01:50:03	04:05:04	02:15:09.90	01:50:10.92	04:05:20.82	28,156	MBAS18
83	513	Paul Hoogenboom	ROELOFARENDSVEEN	MBAS	15	02:14:37	01:50:09	04:04:45	02:15:07.39	01:50:13.49	04:05:20.87	28,192	MBAS18
84	63	jurgen Vanden Bon	OOSTENDE	MLIC	66	02:14:58	01:50:01	04:04:58	02:15:12.44	01:50:09.24	04:05:21.68	28,167	MLIC18
85	350	Maurice Barendse	NAALDWIJK	MBAS	16	02:14:57	01:50:15	04:05:11	02:15:05.67	01:50:17.36	04:05:23.02	28,143	MBAS18
86	548	Bart Kalshoven	CASTRICUM	MBAS	17	02:14:33	01:50:11	04:04:43	02:15:10.97	01:50:14.07	04:05:25.03	28,196	MBAS50
87	203	Gerard Ursem	HOOGWOUDE	MLIC	67	02:14:40	01:50:17	04:04:56	02:15:03.51	01:50:25.65	04:05:29.16	28,172	MLIC50
88	188	Rieno Stofferis	MALDEGEM	MLIC	68	02:14:48	01:50:25	04:05:13	02:15:06.50	01:50:29.97	04:05:36.47	28,139	MLIC40
89	605	Jan Langeveld	CASTRICUM	MBAS	18	02:14:28	01:50:40	04:05:07	02:15:04.69	01:50:39.37	04:05:44.06	28,151	MBAS18
90	108	Frits Hallensleben	SCHAGEN	MLIC	69	02:15:03	01:50:33	04:05:36	02:15:12.51	01:50:34.29	04:05:46.79	28,096	MLIC50
91	423	Jeroen van Dijk	UTRECHT	MBAS	19	02:15:01	01:50:34	04:05:35	02:15:06.79	01:50:43.30	04:05:50.08	28,098	MBAS50
92	686	Dirk-Jan van Reek	VOORHOUT	MBAS	20	02:14:09	01:51:35	04:05:44	02:14:14.79	01:51:39.02	04:05:53.81	28,081	MBAS50
93	721	Leo Sluijs	NOORDWIJK ZH	MBAS	21	02:14:11	01:51:35	04:05:45	02:14:16.07	01:51:40.43	04:05:56.50	28,078	MBAS50
94	38	Bart van Ruiten	NOORDWIJKERHOUT	MLIC	70	02:15:06	01:50:45	04:05:51	02:15:05.49	01:50:52.71	04:05:58.19	28,068	MLIC18
95	113	Marcel Hillaert	EDAM	MLIC	71	02:14:43	01:50:45	04:05:28	02:15:07.02	01:50:52.79	04:05:59.81	28,111	MLIC18
96	353	Marcel van Beek	EGMOND AAN ZEE	MBAS	22	02:16:54	01:49:10	04:06:03	02:16:56.17	01:49:09.53	04:06:05.70	28,044	MBAS50
97	201	Arthur Turk	VOORHOUT	MLIC	72	02:15:11	01:50:55	04:06:05	02:15:14.48	01:50:57.03	04:06:11.51	28,041	MLIC50
98	624	Robin Marees	TUITJENHORN	MBAS	23	02:14:07	01:51:58	04:06:05	02:14:19.15	01:52:04.13	04:06:23.27	28,041	MBAS18
99	550	Sjoerd van Kampen	NOORDWIJKERHOUT	MBAS	24	02:16:06	01:49:39	04:05:44	02:17:02.12	01:49:44.38	04:06:46.50	28,079	MBAS18
100	180	Edwin Sierkstra	HOOGKARSPER	MLIC	73	02:15:03	01:51:39	04:06:41	02:15:04.72	01:51:44.24	04:06:48.96	27,973	MLIC18
101	128	Willem Kegge	ROCKANJE	MLIC	74	02:14:47	01:51:43	04:06:29	02:15:05.44	01:51:48.38	04:06:53.82	27,994	MLIC18
102	121	Edwin de Jager	HOORN	MLIC	75	02:15:11	01:51:37	04:06:47	02:15:11.74	01:51:46.22	04:06:57.96	27,961	MLIC50
103	811	Robert Werkhoven	ANDIJK	MBAS	25	02:14:59	01:51:55	04:06:54	02:15:02.73	01:51:59.57	04:07:02.29	27,948	MBAS50
104	302	Joep Homma	BERGEN	MBAS	26	02:12:40	01:54:30	04:07:10	02:12:39.77	01:54:31.71	04:07:11.48	27,918	MBAS18
105	421	John Diemeer	EGMOND-BINNEN	MBAS	27	02:16:55	01:50:11	04:07:05	02:17:06.91	01:50:10.90	04:07:17.81	27,927	MBAS50
106	751	Rober Stroet	WERVERSHOOF	MBAS	28	02:17:08	01:50:10	04:07:17	02:17:12.35	01:50:13.35	04:07:25.70	27,903	MBAS18
107	206	Edwin Veerman	VOLENDAM	MLIC	76	02:17:06	01:49:51	04:06:57	02:17:33.20	01:49:53.79	04:07:26.99	27,943	MLIC50
108	522	Erik Hutcheson	HOOGKARSPER	MBAS	29	02:16:51	01:50:09	04:07:00	02:17:11.91	01:50:17.43	04:07:29.33	27,937	MBAS18

109	443	Michael Emmerik	ALKMAAR	MBAS	30	02:14:29	01:52:23	04:06:51	02:15:04.31	01:52:27.67	04:07:31.98	27,953	MBAS18
110	1402	Yvonne de Jong	HAARLEM	VLIC	1	02:17:52	01:50:11	04:08:02	02:17:51.35	01:50:12.70	04:08:04.05	27,820	VLIC18
111	1406	Rozanne Slik	BERGEN NH	VLIC	2	02:17:57	01:50:09	04:08:05	02:17:56.12	01:50:12.62	04:08:08.74	27,814	VLIC18
112	1418	Esther van Veen	UITGEEST	VLIC	3	02:17:56	01:50:19	04:08:14	02:17:55.19	01:50:21.58	04:08:16.76	27,797	VLIC18
113	1407	Roxane Knetemann	NIJKERK	VLIC	4	02:17:53	01:50:36	04:08:28	02:17:52.42	01:50:37.27	04:08:29.69	27,771	VLIC18
114	347	Frank de Bakker	WATERINGEN	MBAS	31	02:14:59	01:53:49	04:08:47	02:15:08.09	01:53:51.55	04:08:59.64	27,735	MBAS18
115	1409	Amy Pieters	ZWANENBURG	VLIC	5	02:17:55	01:51:13	04:09:07	02:17:54.43	01:51:13.33	04:09:07.76	27,698	VLIC18
116	196	Jan Terpstra	DRACHTEN	MLIC	77	02:17:11	01:52:01	04:09:11	02:17:19.78	01:52:06.06	04:09:25.84	27,691	MLIC18
117	230	Folkert Zwiers	WORMER	MLIC	78	02:18:45	01:50:22	04:09:06	02:18:57.35	01:50:29.20	04:09:26.55	27,700	MLIC18
118	142	Marco van Leeuwen	HELLEVOETSLUIS	MLIC	79	02:18:47	01:50:41	04:09:28	02:18:59.34	01:50:45.33	04:09:44.67	27,660	MLIC50
119	24	Mats Buning	ALKMAAR	MLIC	80	02:15:15	01:54:56	04:10:11	02:15:14.11	01:55:04.61	04:10:18.72	27,581	MLIC18
120	80	Jules de Cock	EINDHOVEN	MLIC	81	02:18:50	01:51:27	04:10:16	02:19:01.99	01:51:33.75	04:10:35.74	27,571	MLIC18
121	143	Anne van Leeuwen	RHEDEN	MLIC	82	02:18:57	01:51:40	04:10:37	02:19:02.59	01:51:40.04	04:10:42.63	27,532	MLIC18
122	784	Dirk Verstraate	MIDDELBURG	MBAS	32	02:19:23	01:51:00	04:10:22	02:19:49.15	01:51:01.13	04:10:50.27	27,560	MBAS50
123	132	Mike Kes	VOLENDAM	MLIC	83	02:18:52	01:51:52	04:10:44	02:18:54.93	01:51:55.60	04:10:50.52	27,520	MLIC18
124	169	Wout Roos	STAD AAN 'T HARINGVLIET	MLIC	84	02:18:49	01:51:58	04:10:46	02:18:59.60	01:51:59.94	04:10:59.53	27,516	MLIC18
125	166	Mark Rijntjes	HAARLEM	MLIC	85	02:18:55	01:52:01	04:10:56	02:19:01.23	01:52:01.63	04:11:02.86	27,499	MLIC18
126	211	Peter Vervynck	WAARSCHOOT	MLIC	86	02:18:40	01:51:51	04:10:31	02:19:05.98	01:51:59.75	04:11:05.73	27,544	MLIC18
127	194	Jan Teeling	SCHAGEN	MLIC	87	02:18:42	01:52:00	04:10:41	02:18:58.55	01:52:07.79	04:11:06.33	27,525	MLIC18
128	519	Kees Huiberts	ALKMAAR	MBAS	33	02:19:36	01:51:14	04:10:49	02:19:54.25	01:51:13.64	04:11:07.89	27,511	MBAS18
129	152	Christian de Meijer	PHILIPPINE	MLIC	88	02:15:00	01:55:54	04:10:54	02:15:11.03	01:55:58.13	04:11:09.15	27,502	MLIC18
130	580	Chris Kool	EGMOND-BINNEN	MBAS	34	02:17:08	01:53:55	04:11:03	02:17:15.49	01:53:54.67	04:11:10.16	27,486	MBAS18
131	309	Tijs van Beek	HEILOO	MBAS	35	02:17:12	01:54:02	04:11:14	02:17:14.42	01:54:08.66	04:11:23.07	27,466	MBAS18
132	760	Ramon Tromp	HEILOO	MBAS	36	02:19:42	01:51:28	04:11:09	02:19:50.53	01:51:33.17	04:11:23.70	27,474	MBAS18
133	54	Niels Bakker	DEN BURG TEXEL	MLIC	89	02:18:59	01:52:21	04:11:20	02:19:03.99	01:52:22.01	04:11:26.00	27,455	MLIC18
134	797	Bas Vriend	SCHAGERBRUG	MBAS	37	02:16:51	01:54:09	04:10:59	02:17:18.92	01:54:10.78	04:11:29.70	27,493	MBAS18
135	97	Wim van Gelder	HEILOO	MLIC	90	02:18:49	01:52:40	04:11:28	02:18:59.94	01:52:46.21	04:11:46.15	27,440	MLIC50
136	1048	Ronald Gombault	DEN HELDER	MCYC	4	02:21:10	01:49:58	04:11:08	02:21:54.90	01:50:12.25	04:12:07.15	27,476	MCYC18
137	1403	Céline van Houtum	DEN DUNGEN	VLIC	6	02:22:28	01:49:38	04:12:06	02:22:27.76	01:49:42.01	04:12:09.76	27,371	VLIC18
138	1174	Tom Martens	HELCHTEREN	MCYC	5	02:19:52	01:52:07	04:11:59	02:20:00.79	01:52:09.18	04:12:09.96	27,384	MCYC18
139	911	Stef Sinnige	HEERHUGOWAARD	MCYC	6	02:19:50	01:52:18	04:12:07	02:19:55.72	01:52:17.51	04:12:13.22	27,369	MCYC50
140	777	Wim Verdonk	EGMOND AAN DEN HOEF	MBAS	38	02:12:27	01:59:44	04:12:10	02:12:31.94	01:59:49.73	04:12:21.66	27,363	MBAS18
141	318	Erik Scholtens	DRACHTEN	MBAS	39	02:19:46	01:52:31	04:12:16	02:19:47.79	01:52:35.45	04:12:23.24	27,353	MBAS40
142	1421	Mirjam de Bruijn	ALKMAAR	VBAS	1	02:22:29	01:49:58	04:12:27	02:22:29.28	01:50:00.64	04:12:29.91	27,334	VBAS18
143	740	Thomas Steenvoorden	NOORDWIJK	MBAS	40	02:19:46	01:52:34	04:12:19	02:19:58.07	01:52:35.33	04:12:33.39	27,347	MBAS50
144	333	Lennart Aker	WERVERSHOOF	MBAS	41	02:21:17	01:51:11	04:12:27	02:21:21.15	01:51:14.81	04:12:35.96	27,332	MBAS18
145	997	Reinout De Mey	NIEL	MCYC	7	02:20:13	01:50:35	04:10:47	02:21:52.94	01:50:47.59	04:12:40.52	27,514	MCYC18
146	125	Theo Joosten	SPAARNDAM	MLIC	91	02:18:59	01:53:38	04:12:37	02:19:04.80	01:53:42.00	04:12:46.80	27,315	MLIC60

147	1314	Alan van Tuyl	ZALTBOMMEL	MCYC	8	02:21:26	01:50:50	04:12:15	02:21:56.36	01:50:52.52	04:12:48.87	27,354	MCYC18
148	917	Stefan Achten	ZONHOVEN	MCYC	9	02:19:57	01:53:00	04:12:56	02:19:59.56	01:52:59.46	04:12:59.02	27,280	MCYC18
149	35	Patrick Kos	BERGEN (N-H)	MLIC	92	02:08:51	02:04:10	04:13:00	02:08:50.32	02:04:16.19	04:13:06.50	27,274	MLIC18
150	116	Martin Hoefakker	MIDDENMEER	MLIC	93	02:17:31	01:55:37	04:13:07	02:17:34.78	01:55:39.27	04:13:14.05	27,260	MLIC50
151	1408	Alieke Hoogenboom	ROELOFARENDSVEEN	VLIC	7	02:17:58	01:55:20	04:13:18	02:17:57.89	01:55:23.66	04:13:21.55	27,242	VLIC18
152	310	Andre Uitterdijk	BOVENKARSPER	MBAS	42	02:17:18	01:56:09	04:13:27	02:17:17.54	01:56:09.05	04:13:26.59	27,225	MBAS18
153	471	Rob Grift	HOUTEN	MBAS	43	02:19:34	01:53:45	04:13:18	02:19:43.84	01:53:46.25	04:13:30.09	27,241	MBAS18
154	518	Marco Houdijk	ANNA PAULOWNA	MBAS	44	02:19:37	01:53:39	04:13:16	02:19:50.05	01:53:41.11	04:13:31.15	27,245	MBAS50
155	847	Stan Niesten	BEVERWIJK	MBAS	45	02:19:38	01:53:38	04:13:16	02:19:52.40	01:53:41.62	04:13:34.02	27,245	MBAS18
156	213	Johan Vos	BRUCHEM	MLIC	94	02:21:45	01:51:35	04:13:19	02:22:00.45	01:51:42.81	04:13:43.25	27,239	MLIC18
157	569	Eddy Kock	RAVELS	MBAS	46	02:22:38	01:50:39	04:13:17	02:23:03.86	01:50:46.08	04:13:49.93	27,243	MBAS50
158	800	Maurice Vrijmoed	HEILOO	MBAS	47	02:20:31	01:52:34	04:13:04	02:21:33.81	01:52:36.45	04:14:10.26	27,266	MBAS18
159	304	Don Brandjes	UITGEEST	MBAS	48	02:15:16	01:58:52	04:14:08	02:15:17.03	01:59:00.23	04:14:17.26	27,152	MBAS18
160	404	Ronald van den Burg	NOORDWIJKERHOUT	MBAS	49	02:22:48	01:51:30	04:14:17	02:22:54.80	01:51:35.16	04:14:29.95	27,135	MBAS18
161	511	Aad Honders	MONSTER	MBAS	50	02:22:35	01:51:54	04:14:28	02:22:39.76	01:51:54.27	04:14:34.02	27,116	MBAS18
162	631	Jack Meijer	NAALDWIJK	MBAS	51	02:21:58	01:51:32	04:13:29	02:22:58.90	01:51:36.06	04:14:34.95	27,221	MBAS18
163	101	Berend Gras	DEN HAAG	MLIC	95	02:17:19	01:57:01	04:14:20	02:17:27.24	01:57:07.99	04:14:35.22	27,130	MLIC18
164	663	mark overtoom	HEERHUGOWAARD	MBAS	52	02:18:55	01:54:51	04:13:46	02:19:49.78	01:54:50.45	04:14:40.23	27,192	MBAS18
165	170	John Roos	MIDDELHARNIS	MLIC	96	02:19:56	01:54:40	04:14:36	02:19:59.60	01:54:42.57	04:14:42.16	27,102	MLIC18
166	207	Sander van der Velde	OUDE TONGE	MLIC	97	02:19:51	01:54:40	04:14:30	02:20:00.82	01:54:42.68	04:14:43.50	27,112	MLIC18
167	713	Joep Schut	HEERHUGOWAARD	MBAS	53	02:22:22	01:52:11	04:14:33	02:22:42.77	01:52:15.72	04:14:58.49	27,108	MBAS50
168	921	Tonio Amaddeo	ZUTPHEN	MCYC	10	02:19:59	01:55:01	04:15:00	02:20:01.27	01:55:03.17	04:15:04.44	27,060	MCYC50
169	764	Erwin Veen	KOOG A/D ZAAAN	MBAS	54	02:20:46	01:53:40	04:14:26	02:21:26.09	01:53:42.53	04:15:08.61	27,120	MBAS18
170	838	Wout Zonneveld	AMSTERDAM	MBAS	55	02:23:42	01:50:56	04:14:37	02:24:12.70	01:51:03.59	04:15:16.29	27,100	MBAS18
171	369	Job Biersteker	DEN HELDER	MBAS	56	02:22:11	01:51:05	04:13:15	02:24:05.51	01:51:13.44	04:15:18.94	27,246	MBAS18
172	591	Ronald Kremers	KOOG AAN DE ZAAAN	MBAS	57	02:20:44	01:53:54	04:14:37	02:21:23.47	01:53:57.14	04:15:20.61	27,100	MBAS18
173	724	Wim Smit	BERGEN	MBAS	58	02:16:58	01:58:12	04:15:09	02:17:13.57	01:58:14.86	04:15:28.43	27,043	MBAS50
174	148	Martin Luesing	HELLEVOETSLUIS	MLIC	98	02:14:57	02:00:23	04:15:19	02:15:07.24	02:00:23.41	04:15:30.64	27,026	MLIC50
175	57	Dirk Bennen	HAARLEM	MLIC	99	02:14:57	02:00:10	04:15:07	02:15:14.35	02:00:17.74	04:15:32.08	27,048	MLIC18
176	608	Theo Laroo	EGMOND-BINNEN	MBAS	59	02:16:46	01:58:44	04:15:29	02:16:56.70	01:58:43.14	04:15:39.83	27,009	MBAS18
177	53	Cornelis Bakker	DIRKSLAND	MLIC	100	02:15:12	02:00:23	04:15:34	02:15:18.87	02:00:22.70	04:15:41.56	26,999	MLIC18
178	549	Paul van Kampen	ASSEDELFT	MBAS	60	02:17:13	01:58:19	04:15:31	02:17:19.82	01:58:23.20	04:15:43.01	27,006	MBAS18
179	645	Jeroen Mous	CASTRICUM	MBAS	61	02:22:40	01:51:31	04:14:11	02:24:14.99	01:51:30.84	04:15:45.82	27,147	MBAS50
180	88	Hugo Derks	ZAANDAM	MLIC	101	02:21:37	01:53:54	04:15:30	02:21:44.59	01:54:03.60	04:15:48.19	27,006	MLIC18
181	90	Detlev Destoop	HARELBEKE	MLIC	102	02:21:29	01:53:53	04:15:21	02:21:55.28	01:53:58.32	04:15:53.59	27,022	MLIC18
182	464	Jeroen Gijzen	UTRECHT	MBAS	62	02:19:18	01:55:54	04:15:12	02:19:55.25	01:55:58.57	04:15:53.81	27,039	MBAS18
183	606	Hugo van der Lans	NAALDWIJK	MBAS	63	02:16:59	01:58:44	04:15:43	02:17:08.12	01:58:48.12	04:15:56.23	26,985	MBAS18

184	319	Robin Hoekstra	LISSE	MBAS	64	02:22:58	01:53:02	04:16:00	02:22:57.94	01:53:11.27	04:16:09.20	26,954	MBAS18
185	98	Auke Geurts	AMSTERDAM	MLIC	103	02:21:55	01:54:11	04:16:06	02:22:06.22	01:54:10.61	04:16:16.83	26,944	MLIC18
186	72	Robert van den Brink	BIDDINGHUIZEN	MLIC	104	02:18:42	01:57:16	04:15:57	02:18:58.86	01:57:19.43	04:16:18.28	26,960	MLIC18
187	1208	Nicolas Pascual	MENEN	MCYC	11	02:21:36	01:54:46	04:16:22	02:21:53.70	01:54:55.58	04:16:49.28	26,916	MCYC18
188	70	Sjoerd Brandt	MONNICKENDAM	MLIC	105	02:19:03	01:57:53	04:16:56	02:19:02.49	01:57:55.36	04:16:57.84	26,857	MLIC18
189	501	Fred Heijn	JISP	MBAS	65	02:23:53	01:52:59	04:16:51	02:24:02.39	01:53:01.52	04:17:03.91	26,864	MBAS18
190	1413	Terry Fremineur	GISTEL	VLIC	8	02:22:29	01:54:37	04:17:05	02:22:28.32	01:54:41.23	04:17:09.55	26,840	VLIC18
191	450	Antoine Flori	HAARLEM	MBAS	66	02:17:22	01:59:01	04:16:22	02:18:08.08	01:59:07.72	04:17:15.80	26,915	MBAS18
192	1429	Patricia Doorn-van der Wel	MELISSANT	VBAS	2	02:22:29	01:54:59	04:17:27	02:22:35.46	01:55:01.05	04:17:36.51	26,802	VBAS18
193	779	Arjan Verhage	GOEDEREDEE	MBAS	67	02:26:32	01:50:40	04:17:12	02:26:56.70	01:50:46.02	04:17:42.72	26,828	MBAS18
194	482	Vincent Groot	HEERHUGOWAARD	MBAS	68	02:19:37	01:57:59	04:17:35	02:19:41.12	01:58:01.63	04:17:42.74	26,789	MBAS18
195	757	Arjan Tetteroo	NOORDWIJKERHOUT	MBAS	69	02:20:06	01:57:32	04:17:38	02:20:08.72	01:57:34.94	04:17:43.66	26,783	MBAS18
196	1032	Edwin Van Emmerik	OUDE WETERING	MCYC	12	02:21:55	01:55:48	04:17:42	02:21:56.60	01:55:51.28	04:17:47.88	26,776	MCYC50
197	656	Johan Olsthoorn	DEN HAAG	MBAS	70	02:19:41	01:57:47	04:17:28	02:19:51.22	01:57:59.59	04:17:50.81	26,801	MBAS18
198	167	Bas Rijs	ALKMAAR	MLIC	106	02:27:25	01:50:28	04:17:53	02:27:29.07	01:50:27.46	04:17:56.53	26,757	MLIC18
199	15	Job de Ridder	NOORDWIJKERHOUT	MLIC	107	02:10:53	02:07:08	04:18:00	02:10:52.02	02:07:09.58	04:18:01.60	26,745	MLIC18
200	596	Rico Kuiper	HEILOO	MBAS	71	02:23:23	01:53:34	04:16:57	02:24:22.17	01:53:41.68	04:18:03.85	26,854	MBAS18
201	528	Richard Jacet	CASTRICUM	MBAS	72	02:25:42	01:51:24	04:17:05	02:26:53.01	01:51:23.96	04:18:16.97	26,840	MBAS18
202	182	Nick Slijkerman	ANNA PAULOWNA	MLIC	108	02:24:12	01:53:47	04:17:59	02:24:33.28	01:53:47.85	04:18:21.13	26,747	MLIC18
203	192	Jordy Suurs	ZWANENBURG	MLIC	109	02:18:56	01:59:14	04:18:09	02:19:02.93	01:59:19.16	04:18:22.09	26,729	MLIC18
204	312	Ivo Punt	LIMMEN	MBAS	73	02:22:43	01:55:40	04:18:22	02:22:44.72	01:55:43.47	04:18:28.18	26,707	MBAS18
205	184	John Smit	VOLENDAM	MLIC	110	02:17:24	02:01:08	04:18:32	02:17:26.58	02:01:11.99	04:18:38.56	26,690	MLIC18
206	82	Carlos Cuvelier	ZWANENBURG	MLIC	111	02:15:01	02:03:44	04:18:44	02:15:05.88	02:03:48.29	04:18:54.16	26,669	MLIC50
207	794	Ron van der Voort	NAALDWIJK	MBAS	74	02:25:11	01:52:33	04:17:43	02:26:32.19	01:52:38.05	04:19:10.24	26,774	MBAS18
208	1007	johan deschepper	OOSTENDE	MCYC	13	02:21:34	01:57:15	04:18:48	02:21:57.87	01:57:16.55	04:19:14.42	26,662	MCYC50
209	361	Bobbie Beentjes	HEEMSKERK	MBAS	75	02:19:34	01:59:25	04:18:58	02:19:51.09	01:59:27.61	04:19:18.70	26,645	MBAS18
210	202	Jeroen Ulle	ZAANDAM	MLIC	112	02:21:39	01:57:32	04:19:11	02:21:54.01	01:57:42.42	04:19:36.42	26,623	MLIC18
211	133	Remco Koopman	DEN BURG TEXEL	MLIC	113	02:24:37	01:54:55	04:19:32	02:24:44.63	01:55:05.48	04:19:50.11	26,587	MLIC18
212	671	Joost Pepping	ALKMAAR	MBAS	76	02:22:21	01:56:48	04:19:08	02:22:52.48	01:56:58.63	04:19:51.11	26,627	MBAS18
213	71	Heijme Breederveld	PURMER	MLIC	114	02:23:50	01:55:31	04:19:20	02:24:17.45	01:55:37.28	04:19:54.73	26,607	MLIC18
214	399	Hidde Brugman	CASTRICUM	MBAS	77	02:22:58	01:55:23	04:18:21	02:24:33.80	01:55:24.19	04:19:57.98	26,709	MBAS18
215	704	Rikkert van Schagen	HEEMSKERK	MBAS	78	02:23:00	01:55:44	04:18:44	02:24:13.60	01:55:46.79	04:20:00.38	26,669	MBAS40
216	1115	Lukas Kersting	AHAUS (D)	MCYC	14	02:22:53	01:56:44	04:19:36	02:23:17.35	01:56:43.29	04:20:00.63	26,580	MCYC18
217	1017	Niklas Domberg	HAVIXBECK	MCYC	15	02:23:02	01:56:44	04:19:46	02:23:20.21	01:56:43.84	04:20:04.05	26,564	MCYC50
218	348	Ron Band	NIEUWEGEIN	MBAS	79	02:23:38	01:55:43	04:19:21	02:24:16.07	01:55:50.44	04:20:06.51	26,606	MBAS50
219	723	Boris Smit	ALKMAAR	MBAS	80	02:17:03	02:02:43	04:19:45	02:17:18.06	02:02:50.58	04:20:08.63	26,565	MBAS18
220	322	Olof van der Steen	EGMOND AAN DEN HOEF	MBAS	81	02:22:47	01:57:36	04:20:22	02:22:46.03	01:57:41.21	04:20:27.23	26,502	MBAS40
221	183	Sjer Slijkerman	ANNA PAULOWNA	MLIC	115	02:27:06	01:53:11	04:20:16	02:27:28.04	01:53:11.98	04:20:40.02	26,512	MLIC50

222	140	Thom Leegwater	SINT PANCRAS	MLIC	116	02:21:31	01:58:57	04:20:28	02:21:57.52	01:59:05.76	04:21:03.28	26,492	MLIC18
223	667	Erik Pater	HEERHUGOWAARD	MBAS	82	02:23:49	01:56:49	04:20:37	02:24:17.57	01:56:51.92	04:21:09.49	26,477	MBAS18
224	123	Martin Janssen	DEN HAAG	MLIC	117	02:19:40	02:01:11	04:20:50	02:19:53.96	02:01:17.50	04:21:11.46	26,454	MLIC18
225	570	Rinke Koelewijn	SINT PANCRAS	MBAS	83	02:23:43	01:57:02	04:20:44	02:24:04.47	01:57:09.22	04:21:13.68	26,465	MBAS18
226	766	Gerrit Vermeulen	VLEUTEN	MBAS	84	02:23:37	01:57:07	04:20:44	02:24:03.42	01:57:12.87	04:21:16.28	26,465	MBAS18
227	159	Dimitri Mulder	BERGEN OP ZOOM	MLIC	118	02:21:46	01:59:06	04:20:51	02:22:01.20	01:59:15.42	04:21:16.62	26,453	MLIC18
228	837	Mark Zomerdijk	LIMMEN	MBAS	85	02:23:29	01:57:08	04:20:36	02:24:22.50	01:57:07.17	04:21:29.67	26,478	MBAS18
229	1296	Richard Straatman	DEN HELDER	MCYC	16	02:23:24	01:57:10	04:20:33	02:24:07.80	01:57:26.33	04:21:34.13	26,484	MCYC18
230	193	Brian Tamis	'T ZAND NH	MLIC	119	02:21:37	01:59:42	04:21:19	02:21:57.26	01:59:47.20	04:21:44.45	26,406	MLIC18
231	179	Roel Simoons	EGMOND AAN ZEE	MLIC	120	02:19:51	02:01:37	04:21:28	02:20:04.37	02:01:40.52	04:21:44.88	26,390	MLIC18
232	643	Mark Mondria		MBAS	86	02:24:36	01:54:39	04:19:14	02:26:58.07	01:54:46.98	04:21:45.05	26,618	MBAS18
233	323	Ben Visser	HEERHUGOWAARD	MBAS	87	02:23:55	01:57:46	04:21:41	02:23:59.15	01:57:47.86	04:21:47.01	26,369	MBAS18
234	456	Edwin van der Geest	HOOGBADE	MBAS	88	02:23:42	01:57:36	04:21:18	02:24:16.80	01:57:39.15	04:21:55.95	26,407	MBAS50
235	1143	Patrick Kremers	KOOG AAN DE ZAAAN	MCYC	17	02:24:52	01:56:20	04:21:11	02:25:23.61	01:56:33.91	04:21:57.52	26,419	MCYC18
236	437	Marcel van Echtelt	HOUTEN	MBAS	89	02:24:19	01:57:26	04:21:44	02:24:27.18	01:57:32.41	04:21:59.58	26,364	MBAS18
237	753	Chris Suurmond	CASTRICUM	MBAS	90	02:20:58	02:00:31	04:21:28	02:21:31.78	02:00:30.98	04:22:02.76	26,390	MBAS18
238	466	Richard Gillebaard	SCHOORL	MBAS	91	02:26:00	01:55:31	04:21:30	02:26:43.87	01:55:38.07	04:22:21.93	26,386	MBAS18
239	490	Edwin Hagers	ALPHEN AAN DEN RIJN	MBAS	92	02:26:30	01:55:48	04:22:17	02:26:40.71	01:55:52.62	04:22:33.32	26,308	MBAS40
240	681	Matthe Pronk	TUITJENHORN	MBAS	93	02:26:16	01:55:36	04:21:51	02:27:07.61	01:55:36.63	04:22:44.24	26,351	MBAS18
241	612	Bart Levering	LIMMEN	MBAS	94	02:14:52	02:07:34	04:22:25	02:15:10.82	02:07:37.44	04:22:48.26	26,295	MBAS18
242	709	Jan Schoorl	CASTRICUM	MBAS	95	02:21:34	01:59:59	04:21:33	02:22:45.21	02:00:04.37	04:22:49.57	26,382	MBAS18
243	1405	Tanja Ites	DEN HELDER	VLIC	9	02:25:36	01:57:13	04:22:49	02:25:35.24	01:57:14.68	04:22:49.91	26,256	VLIC18
244	181	Wilfred Slieker	MONSTER	MLIC	121	02:19:02	02:03:38	04:22:39	02:19:09.28	02:03:43.92	04:22:53.19	26,272	MLIC18
245	535	Frank Jissink	MIDDENMEER	MBAS	96	02:26:17	01:55:34	04:21:50	02:27:24.27	01:55:38.85	04:23:03.12	26,353	MBAS18
246	961	Dieter Bogaert	WAARSCHOOT	MCYC	18	02:25:38	01:56:25	04:22:03	02:26:23.73	01:56:43.34	04:23:07.07	26,331	MCYC18
247	771	Jarno van der Velden	EGMOND BINNEN	MBAS	97	02:19:47	02:03:16	04:23:03	02:19:58.48	02:03:15.69	04:23:14.17	26,232	MBAS18
248	1404	Andrea van Loo	T HARDE	VLIC	10	02:27:45	01:55:18	04:23:03	02:27:44.52	01:55:34.15	04:23:18.67	26,232	VLIC50
249	534	Ard Jansen	SOEST	MBAS	98	02:26:28	01:56:15	04:22:43	02:27:08.41	01:56:16.71	04:23:25.11	26,265	MBAS18
250	187	Kees Spuy	STELLENDAM	MLIC	122	02:26:59	01:54:58	04:21:57	02:28:39.73	01:55:01.56	04:23:41.29	26,342	MLIC18
251	429	Marco Doorn	MELISSANT	MBAS	99	02:27:02	01:54:59	04:22:01	02:28:41.53	01:55:01.63	04:23:43.16	26,336	MBAS18
252	559	Jan-David van Keulen	STELLENDAM	MBAS	100	02:27:03	01:54:58	04:22:01	02:28:45.55	01:55:01.65	04:23:47.19	26,336	MBAS18
253	329	Wilbert de Haas	HAZERSWOUDE-RIJNDIJK	MBAS	101	02:19:49	02:04:01	04:23:50	02:19:52.01	02:04:05.24	04:23:57.24	26,154	MBAS18
254	66	Henk Bos	DRACHTEN	MLIC	123	02:18:52	02:04:54	04:23:45	02:19:00.81	02:04:57.87	04:23:58.67	26,162	MLIC18
255	718	Wouter Slijkerman	NECK	MBAS	102	02:27:25	01:55:34	04:22:58	02:28:07.71	01:55:51.11	04:23:58.81	26,239	MBAS18
256	1050	Menno Gouweleeuw	CASTRICUM	MCYC	19	02:26:00	01:57:13	04:23:12	02:26:36.42	01:57:24.97	04:24:01.39	26,217	MCYC18
257	776	Nico Verbruggen	BREEZAND	MBAS	103	02:27:11	01:56:38	04:23:49	02:27:22.79	01:56:38.66	04:24:01.44	26,156	MBAS50
258	407	Kees Caspers	NOORDWIJK	MBAS	104	02:26:28	01:57:25	04:23:52	02:26:37.89	01:57:27.46	04:24:05.34	26,150	MBAS50
259	850	Bart Gerritsen	BERGEN NH	MBAS	105	02:26:53	01:56:35	04:23:27	02:27:26.21	01:56:39.25	04:24:05.46	26,191	MBAS50

260	326	Hans Chialastri	BEVERWIJK	MBAS	106	02:22:53	02:01:08	04:24:00	02:22:52.81	02:01:16.66	04:24:09.46	26,137	MBAS50
261	478	Michel Groenewegen	NAALDWIJK	MBAS	107	02:25:29	01:57:39	04:23:08	02:26:30.90	01:57:44.50	04:24:15.40	26,223	MBAS18
262	698	Niels Commandeur	LIMMEN	MBAS	108	02:26:21	01:57:34	04:23:54	02:26:44.94	01:57:37.60	04:24:22.54	26,147	MBAS18
263	1324	Kris van Landegem	KNOKKE HEIST	MCYC	20	02:22:17	02:00:21	04:22:38	02:24:01.28	02:00:21.39	04:24:22.66	26,274	MCYC18
264	1233	Kurt Roels	MALDEGEM	MCYC	21	02:22:11	02:00:21	04:22:31	02:24:00.73	02:00:22.05	04:24:22.78	26,284	MCYC18
265	422	Mart Diemeer	LIMMEN	MBAS	109	02:26:58	01:57:06	04:24:04	02:27:11.37	01:57:12.53	04:24:23.90	26,131	MBAS60
266	1328	Frederiek Vandewiele	ZEEBRUGGE	MCYC	22	02:22:12	02:00:20	04:22:32	02:24:04.06	02:00:21.12	04:24:25.18	26,283	MCYC18
267	408	Dirk Claes	GROBBENDONK	MBAS	110	02:27:46	01:56:14	04:23:59	02:28:06.46	01:56:19.08	04:24:25.53	26,138	MBAS50
268	1243	Bryan Ryelandt	KNOKKE-HEIST	MCYC	23	02:22:08	02:00:23	04:22:31	02:24:03.20	02:00:22.71	04:24:25.90	26,285	MCYC18
269	209	Davy Versichel	URSEL	MLIC	124	02:18:43	02:05:17	04:23:59	02:19:01.34	02:05:25.23	04:24:26.57	26,139	MLIC18
270	945	Glenn Beuselinck	KNOKKE-HEIST	MCYC	24	02:22:15	02:00:21	04:22:36	02:24:05.37	02:00:21.65	04:24:27.01	26,276	MCYC18
271	120	Patrick Ijpelaan	ALKMAAR	MLIC	125	02:31:12	01:52:54	04:24:05	02:31:26.49	01:53:00.96	04:24:27.45	26,128	MLIC18
272	1160	Pieter Lesy	KOOLKERKE	MCYC	25	02:22:19	02:00:21	04:22:39	02:24:07.14	02:00:22.60	04:24:29.73	26,271	MCYC18
273	412	Richte Dallinga	SCHOORL	MBAS	111	02:27:38	01:56:16	04:23:54	02:28:11.91	01:56:19.36	04:24:31.26	26,148	MBAS60
274	368	Michael Berkhout	OUDESLUIS	MBAS	112	02:26:59	01:55:49	04:22:47	02:28:51.95	01:55:51.35	04:24:43.29	26,258	MBAS18
275	610	Sil Leek	ZUID-SCHARWOUDE	MBAS	113	02:27:21	01:56:45	04:24:05	02:28:00.14	01:56:48.77	04:24:48.90	26,128	MBAS18
276	74	Brian Bruist	PURMEREND	MLIC	126	02:28:57	01:55:53	04:24:49	02:29:00.99	01:55:56.22	04:24:57.21	26,056	MLIC18
277	328	Alexander van Leeuwen	WATERINGEN	MBAS	114	02:28:59	01:56:04	04:25:03	02:29:01.96	01:56:11.86	04:25:13.81	26,034	MBAS18
278	825	Richard de Wit	SASSENHEIM	MBAS	115	02:28:08	01:56:22	04:24:29	02:28:48.95	01:56:32.03	04:25:20.98	26,089	MBAS18
279	81	Jimmy Cools	ERTVELDE EVERGEM	MLIC	127	02:31:08	01:54:03	04:25:10	02:31:15.73	01:54:06.03	04:25:21.75	26,022	MLIC50
280	636	Peter van der Meulen	NOORDWIJK	MBAS	116	02:27:34	01:57:16	04:24:50	02:28:06.08	01:57:16.95	04:25:23.02	26,055	MBAS50
281	136	Kees Kwakman	VOLENDAM	MLIC	128	02:19:03	02:06:20	04:25:22	02:19:02.04	02:06:23.66	04:25:25.70	26,002	MLIC60
282	205	John Veerman	VOLENDAM	MLIC	129	02:19:02	02:06:21	04:25:22	02:19:04.20	02:06:23.73	04:25:27.93	26,002	MLIC50
283	810	Frank van de Werff	HOOFDDORP	MBAS	117	02:28:34	01:56:22	04:24:55	02:28:57.31	01:56:31.88	04:25:29.18	26,047	MBAS18
284	158	Remco Morsch	HEILOO	MLIC	130	02:29:36	01:55:44	04:25:19	02:29:48.70	01:55:45.84	04:25:34.54	26,007	MLIC18
285	115	Marcel Hink	HEILOO	MLIC	131	02:24:26	02:00:55	04:25:20	02:24:40.44	02:00:55.82	04:25:36.26	26,006	MLIC18
286	680	Peter Potter	HEERHUGOWAARD	MBAS	118	02:29:03	01:55:42	04:24:45	02:29:46.07	01:55:52.47	04:25:38.53	26,064	MBAS60
287	574	Dennis Komen	SCHAGEN	MBAS	119	02:27:57	01:56:33	04:24:30	02:29:00.19	01:56:40.20	04:25:40.39	26,088	MBAS18
288	392	Niels Bras	EGMOND AAN DEN HOEF	MBAS	120	02:27:17	01:58:07	04:25:24	02:27:22.14	01:58:18.31	04:25:40.45	26,000	MBAS18
289	842	Peter van Zuijlen	NOORDWIJK	MBAS	121	02:22:45	02:02:46	04:25:30	02:22:57.08	02:02:50.27	04:25:47.34	25,990	MBAS18
290	622	Arne Boersma	ALKMAAR	MBAS	122	02:26:25	01:58:57	04:25:21	02:26:47.02	01:59:02.68	04:25:49.69	26,004	MBAS18
291	448	Jeroen Fakkeldij	LEIDEN	MBAS	123	02:26:22	01:59:26	04:25:48	02:26:29.78	01:59:26.97	04:25:56.75	25,960	MBAS18
292	185	Vincent Spierings	ALKMAAR	MLIC	132	02:24:16	02:01:33	04:25:48	02:24:30.67	02:01:40.42	04:26:11.09	25,960	MLIC18
293	1363	Peter Wayper	KROMMENIE	MCYC	26	02:23:08	02:02:12	04:25:20	02:23:59.80	02:02:17.54	04:26:17.33	26,007	MCYC50
294	1229	Sander Rijke	KROMMENIE	MCYC	27	02:23:10	02:02:12	04:25:22	02:24:02.18	02:02:17.46	04:26:19.64	26,002	MCYC50
295	311	Tom Bakkum	LIMMEN	MBAS	124	02:19:47	02:06:28	04:26:14	02:19:51.14	02:06:29.96	04:26:21.10	25,918	MBAS18
296	95	Pieter van der Eijk	SWIFTERBANT	MLIC	133	02:24:15	02:01:47	04:26:02	02:24:35.10	02:01:53.48	04:26:28.57	25,938	MLIC18
297	731	Jeroen Spies	NAALDWIJK	MBAS	125	02:27:05	01:58:21	04:25:25	02:28:04.25	01:58:25.60	04:26:29.85	25,998	MBAS18



298	1256	Eugen Schmunk	MUENSTER	MCYC	28	02:21:40	02:04:35	04:26:15	02:21:58.27	02:04:36.17	04:26:34.44	25,917	MCYC18
299	727	Ron Smorenberg	NOORDWIJKERHOUT	MBAS	126	02:28:49	01:57:33	04:26:21	02:28:58.50	01:57:36.27	04:26:34.77	25,907	MBAS60
300	734	Michaël Spronkers	VLEUTEN	MBAS	127	02:27:24	01:58:02	04:25:26	02:28:44.60	01:58:06.00	04:26:50.60	25,997	MBAS18
301	851	Rolf Tambach	ASSEDELFT	MBAS	128	02:29:19	01:57:13	04:26:31	02:29:43.91	01:57:16.70	04:27:00.60	25,891	MBAS50
302	91	Leon Detiger	SCHOORL	MLIC	134	02:24:13	02:02:29	04:26:42	02:24:36.47	02:02:30.65	04:27:07.11	25,872	MLIC18
303	154	Ruben Mijnsbergen	ROTTERDAM	MLIC	135	02:18:40	02:08:00	04:26:40	02:19:03.07	02:08:07.04	04:27:10.11	25,876	MLIC18
304	761	Guido Tromp	HEEMSKERK	MBAS	129	02:31:10	01:55:24	04:26:33	02:31:46.21	01:55:31.89	04:27:18.09	25,887	MBAS18
305	509	Erik van Hof	LIMMEN	MBAS	130	02:23:37	02:03:05	04:26:41	02:24:14.03	02:03:08.12	04:27:22.14	25,874	MBAS50
306	483	Aldo Groot	ALKMAAR	MBAS	131	02:28:06	01:58:56	04:27:02	02:28:28.24	01:59:02.77	04:27:31.00	25,841	MBAS18
307	823	Jeroen Wilms	BREEZAND	MBAS	132	02:27:13	01:58:14	04:25:26	02:29:06.32	01:58:28.05	04:27:34.36	25,996	MBAS18
308	424	Dion Dijkman	ASSEN	MBAS	133	02:27:53	01:58:26	04:26:19	02:29:10.69	01:58:30.94	04:27:41.62	25,910	MBAS18
309	316	Joost van Giesen	NAALDWIJK	MBAS	134	02:22:52	02:04:52	04:27:43	02:22:53.45	02:04:51.40	04:27:44.84	25,775	MBAS50
310	805	Tieme Walta	EGMOND BINNEN	MBAS	135	02:29:50	01:57:49	04:27:38	02:29:58.84	01:57:50.38	04:27:49.21	25,783	MBAS50
311	919	Dave Adrichem	HEILOO	MCYC	29	02:21:56	02:05:36	04:27:31	02:22:15.52	02:05:35.06	04:27:50.58	25,794	MCYC18
312	907	Ed Scholte	DEN HELDER	MCYC	30	02:36:20	01:51:27	04:27:47	02:36:24.56	01:51:26.85	04:27:51.41	25,768	MCYC60
313	376	Marcel Boerrigter	BERGEN	MBAS	136	02:26:19	02:01:00	04:27:19	02:26:36.13	02:01:15.70	04:27:51.82	25,814	MBAS18
314	171	Teun van Rossum	KORTENHOEF	MLIC	136	02:28:58	01:58:50	04:27:48	02:29:02.25	01:58:50.73	04:27:52.97	25,766	MLIC50
315	1483	Evy de Rycker	MALDEGEM	VCYC	1	02:27:37	02:00:15	04:27:51	02:27:40.09	02:00:19.48	04:27:59.57	25,761	VCYC18
316	373	Joost Blaauw	ALKMAAR	MBAS	137	02:28:38	01:58:55	04:27:33	02:29:00.28	01:59:02.69	04:28:02.97	25,791	MBAS18
317	620	Ronald Luijendijk	BERKEL EN RODENRIJS	MBAS	138	02:26:24	02:01:34	04:27:57	02:26:36.97	02:01:37.53	04:28:14.50	25,752	MBAS18
318	1303	Joris van der Tang	ALDERLEY	MCYC	31	02:23:51	02:04:08	04:27:59	02:24:07.41	02:04:11.22	04:28:18.62	25,749	MCYC18
319	403	Peter Buitendijk	OTTOLAND	MBAS	139	02:26:54	02:01:31	04:28:24	02:26:58.71	02:01:33.16	04:28:31.87	25,709	MBAS50
320	344	René Bakker	ANDIJK	MBAS	140	02:22:37	02:05:31	04:28:08	02:22:51.15	02:05:41.92	04:28:33.07	25,735	MBAS18
321	996	Kris De Cuyper	OOSTKAMP	MCYC	32	02:21:27	02:06:42	04:28:08	02:21:52.43	02:06:41.26	04:28:33.68	25,734	MCYC18
322	493	Jan Hartman	BEVERWIJK	MBAS	141	02:30:59	01:57:04	04:28:02	02:31:37.20	01:57:14.10	04:28:51.30	25,743	MBAS60
323	365	Frank van den Berg	NOORDWIJK	MBAS	142	02:27:04	02:01:37	04:28:41	02:27:14.93	02:01:39.25	04:28:54.18	25,682	MBAS50
324	175	Edwin Rutte	HAARLEM	MLIC	137	02:18:54	02:09:40	04:28:34	02:19:05.06	02:09:49.24	04:28:54.29	25,693	MLIC50
325	628	Edwin van der Meerendonk	DEN HAAG	MBAS	143	02:28:45	01:59:44	04:28:29	02:29:03.30	01:59:51.81	04:28:55.11	25,701	MBAS50
326	52	Kevin Arnolli	EDAM	MLIC	138	02:19:02	02:09:48	04:28:50	02:19:05.72	02:09:53.19	04:28:58.90	25,667	MLIC18
327	804	Bob van Walsum	HEERHUGOWAARD	MBAS	144	02:22:17	02:06:23	04:28:39	02:22:41.56	02:06:24.01	04:29:05.57	25,684	MBAS18
328	719	Wouter Sloog	LIMMEN	MBAS	145	02:26:01	02:01:53	04:27:54	02:27:14.91	02:01:52.14	04:29:07.05	25,757	MBAS40
329	827	Erick Wit	OOSTZAAN	MBAS	146	02:27:03	02:00:32	04:27:34	02:28:42.86	02:00:34.67	04:29:17.53	25,789	MBAS18
330	65	Stephan Borsboom	HELLEVOETSLUIS	MLIC	139	02:31:27	01:57:33	04:28:59	02:31:43.68	01:57:38.64	04:29:22.31	25,653	MLIC18
331	362	Ronald van de Belt	ALMERE	MBAS	147	02:26:40	02:00:31	04:27:10	02:29:01.28	02:00:30.11	04:29:31.39	25,827	MBAS18
332	417	Dick Deneer	DIEMEN	MBAS	148	02:29:09	01:59:35	04:28:44	02:29:56.42	01:59:40.42	04:29:36.84	25,678	MBAS50
333	176	Robbert Schaap	VOORBURG	MLIC	140	02:25:46	02:03:35	04:29:20	02:26:10.76	02:03:37.12	04:29:47.87	25,619	MLIC18
334	445	Paul van den Enden	KWINTSHEUL	MBAS	149	02:29:14	01:59:58	04:29:12	02:29:59.72	01:59:57.89	04:29:57.61	25,633	MBAS50

335	107	Alexander Hagemann	PURMEREND	MLIC	141	02:18:54	02:11:03	04:29:57	02:18:57.01	02:11:02.47	04:29:59.47	25,562	MLIC50
336	1065	ben van Haastrecht	ROELOFARENDSVEEN	MCYC	33	02:28:06	02:01:50	04:29:56	02:28:10.66	02:01:57.84	04:30:08.49	25,563	MCYC60
337	327	George Baars	MIDWOUD	MBAS	150	02:29:06	02:01:05	04:30:11	02:29:10.07	02:01:10.77	04:30:20.84	25,539	MBAS50
338	1118	Richard Van Klink	ROELOFARENDSVEEN	MCYC	34	02:27:26	02:02:39	04:30:05	02:27:43.79	02:02:42.38	04:30:26.16	25,549	MCYC50
339	94	Jeroen Duyn	HOOGWOU	MLIC	142	02:18:35	02:11:40	04:30:14	02:18:59.40	02:11:40.74	04:30:40.13	25,534	MLIC18
340	308	Jordy Tromp	EGMOND BINNEN	MBAS	151	02:30:08	02:00:34	04:30:41	02:30:07.23	02:00:34.60	04:30:41.83	25,491	MBAS18
341	1425	Rosa van Doorn	OPPERDOES	VBAS	3	02:25:28	02:05:22	04:30:50	02:25:30.31	02:05:22.18	04:30:52.48	25,478	VBAS18
342	738	Patrick Steehouwer	SNEEK	MBAS	152	02:31:05	01:59:14	04:30:19	02:31:43.72	01:59:19.42	04:31:03.13	25,526	MBAS50
343	854	Niels Eriks	SCHAGERBRUG	MBAS	153	02:26:12	02:04:10	04:30:22	02:26:54.14	02:04:12.15	04:31:06.28	25,521	MBAS18
344	560	Sven Kingma	LIMMEN	MBAS	154	02:32:31	01:57:17	04:29:47	02:33:40.28	01:57:30.71	04:31:10.99	25,576	MBAS18
345	189	Erik Stolk	BRIELLE	MLIC	143	02:28:43	02:02:12	04:30:55	02:28:59.44	02:02:18.02	04:31:17.45	25,470	MLIC18
346	1147	Sander kruiniger	OUDEWETERING	MCYC	35	02:27:34	02:03:20	04:30:54	02:27:54.45	02:03:23.75	04:31:18.19	25,472	MCYC18
347	360	Tom Beentjes	LIMMEN	MBAS	155	02:28:33	02:01:27	04:30:00	02:29:51.99	02:01:26.68	04:31:18.66	25,557	MBAS18
348	93	Marco Duson	BRIELLE	MLIC	144	02:28:49	02:02:11	04:30:59	02:29:03.72	02:02:17.92	04:31:21.63	25,463	MLIC50
349	590	Stephan Kraus	GEERTRUIDENBERG	MBAS	156	02:28:59	02:02:06	04:31:04	02:29:15.11	02:02:07.80	04:31:22.91	25,456	MBAS18
350	1002	jacco Dekker	EGMOND-BINNEN	MCYC	36	02:26:01	02:03:12	04:29:12	02:28:09.62	02:03:13.57	04:31:23.19	25,632	MCYC50
351	451	Leen Fokker	ALKMAAR	MBAS	157	02:20:55	02:10:10	04:31:04	02:21:35.07	02:10:12.11	04:31:47.18	25,456	MBAS18
352	106	Gerlof Haanraads	APELDOORN	MLIC	145	02:21:38	02:09:46	04:31:24	02:21:59.76	02:09:54.60	04:31:54.35	25,425	MLIC18
353	520	Leon Huisman	HEERHUGOWAARD	MBAS	158	02:29:50	02:00:14	04:30:03	02:31:41.90	02:00:19.93	04:32:01.82	25,551	MBAS50
354	527	Gerlof van Jaarsveld	ANDIJK	MBAS	159	02:30:47	02:00:08	04:30:55	02:31:42.96	02:00:28.90	04:32:11.86	25,471	MBAS18
355	716	Bram Sentveld	EGMOND- BINNEN	MBAS	160	02:28:05	02:02:29	04:30:33	02:29:44.80	02:02:28.02	04:32:12.81	25,504	MBAS18
356	641	Matijs Moest	ROTTERDAM	MBAS	161	02:27:42	02:04:06	04:31:48	02:28:05.30	02:04:07.75	04:32:13.05	25,387	MBAS18
357	906	Benthe de Goede	WARMENHUIZEN	MCYC	37	02:25:18	02:06:38	04:31:55	02:25:24.38	02:06:49.48	04:32:13.86	25,376	MCYC50
358	340	Maurice Andringa	HEEMSKERK	MBAS	162	02:28:32	02:02:24	04:30:55	02:29:54.11	02:02:33.62	04:32:27.72	25,469	MBAS18
359	1358	Marko De Waard	EGMOND AAN ZEE	MCYC	38	02:30:09	02:01:25	04:31:33	02:31:07.38	02:01:33.20	04:32:40.58	25,410	MCYC18
360	305	Ron Boendermaker	EGMOND AAN ZEE	MBAS	163	02:16:56	02:15:53	04:32:48	02:16:55.01	02:15:52.68	04:32:47.69	25,294	MBAS18
361	587	Arie van der Kraan	PETTEN	MBAS	164	02:25:53	02:05:28	04:31:20	02:27:16.25	02:05:35.72	04:32:51.96	25,431	MBAS18
362	748	Sander van Stralen	NOORD-SCHARWOUDE	MBAS	165	02:28:52	02:03:50	04:32:42	02:28:58.56	02:04:02.22	04:33:00.78	25,304	MBAS18
363	725	Jos Smit	BREEZAND	MBAS	166	02:27:08	02:04:14	04:31:22	02:28:59.00	02:04:16.43	04:33:15.42	25,428	MBAS18
364	1159	Charlie Leidel	HILPOLTSTEIN	MCYC	39	02:27:02	02:05:23	04:32:24	02:27:45.80	02:05:39.94	04:33:25.73	25,331	MCYC18
365	371	David Bijmoer	EGMOND AAN ZEE	MBAS	167	02:31:01	02:01:29	04:32:30	02:31:57.82	02:01:33.16	04:33:30.98	25,322	MBAS18
366	1338	Wim Verheyen	MERKSPLAS	MCYC	40	02:26:23	02:05:43	04:32:05	02:27:46.50	02:05:45.79	04:33:32.29	25,361	MCYC18
367	649	Danny Niekoop	ALKMAAR	MBAS	168	02:24:30	02:08:51	04:33:20	02:24:47.35	02:08:53.10	04:33:40.44	25,245	MBAS18
368	1441	Ines Klok	ROCKANJE	VBAS	4	02:30:07	02:03:44	04:33:50	02:30:06.25	02:03:50.04	04:33:56.29	25,198	VBAS18
369	145	Max van der Linden	BERGEN	MLIC	146	02:24:15	02:09:15	04:33:29	02:24:40.23	02:09:21.70	04:34:01.92	25,231	MLIC18
370	706	Emiel Schilder	ALKMAAR	MBAS	169	02:28:00	02:05:44	04:33:43	02:28:18.28	02:05:55.60	04:34:13.88	25,209	MBAS18
371	1236	Sven Rooms	WAARSCHOOT	MCYC	41	02:26:59	02:06:36	04:33:34	02:27:44.67	02:06:36.07	04:34:20.73	25,223	MCYC18
372	228	Arie Blaauboer	ANNA PAULOWNA	MLIC	147	02:32:59	02:01:14	04:34:13	02:33:03.46	02:01:20.34	04:34:23.79	25,164	MLIC50

373	330	Dirk Londema	JULIANADORP	MBAS	170	02:30:09	02:04:15	04:34:24	02:30:08.85	02:04:20.34	04:34:29.19	25,147	MBAS60
374	1100	Toine Hulshof	SOEST	MCYC	42	02:25:13	02:06:31	04:31:44	02:28:00.74	02:06:30.18	04:34:30.91	25,394	MCYC50
375	1427	Marleen Keijzer	MIDDELHARNIS	VBAS	5	02:30:08	02:04:22	04:34:30	02:30:10.29	02:04:31.13	04:34:41.41	25,138	VBAS18
376	821	Matthijs Wilgenhof	HEERHUGOWAARD	MBAS	171	02:32:03	02:00:44	04:32:47	02:33:55.50	02:00:48.76	04:34:44.26	25,296	MBAS18
377	603	Arjan van Langen	HEERHUGOWAARD	MBAS	172	02:33:01	02:00:31	04:33:31	02:33:56.81	02:00:48.61	04:34:45.42	25,227	MBAS18
378	190	Yarwin van Straalen	DEN HELDER	MLIC	148	02:31:20	02:03:35	04:34:54	02:31:21.21	02:03:34.52	04:34:55.73	25,101	MLIC18
379	910	Willem Mulder	JULIANADORP	MCYC	43	02:36:26	01:58:34	04:35:00	02:36:31.31	01:58:33.92	04:35:05.23	25,092	MCYC50
380	479	D.P.M. Groenewegen	HONSELERSDIJK	MBAS	173	02:33:03	02:01:03	04:34:06	02:34:03.91	02:01:09.04	04:35:12.94	25,175	MBAS18
381	425	Alexander den Dikken	NIJKERK	MBAS	174	02:27:16	02:06:36	04:33:51	02:28:57.22	02:06:39.34	04:35:36.56	25,197	MBAS18
382	707	Juergen Schnellmann	HATTINGEN	MBAS	175	02:31:38	02:03:43	04:35:20	02:31:52.22	02:03:48.62	04:35:40.83	25,061	MBAS50
383	1385	Ronald Knook	PURMER	MCYC	44	02:27:57	02:07:35	04:35:31	02:28:05.79	02:07:41.02	04:35:46.81	25,044	MCYC18
384	1372	Rob van der Wurf	AKERSLOOT	MCYC	45	02:31:12	02:04:30	04:35:41	02:31:20.69	02:04:29.06	04:35:49.74	25,030	MCYC50
385	1194	Marcel Nieuwstad	HEILOO	MCYC	46	02:30:51	02:04:58	04:35:49	02:31:11.71	02:04:57.82	04:36:09.53	25,017	MCYC18
386	227	Ivo Zwaans	DEN HELDER	MLIC	149	02:31:22	02:04:48	04:36:10	02:31:24.58	02:04:50.01	04:36:14.58	24,986	MLIC18
387	317	Sebastiaan Valenteijn	ZWAAGDIJK	MBAS	176	02:27:09	02:08:58	04:36:07	02:27:12.45	02:09:03.29	04:36:15.74	24,990	MBAS18
388	577	Andre Kooij	ZUID SCHARWOUDE	MBAS	177	02:29:42	02:06:07	04:35:49	02:30:01.90	02:06:18.02	04:36:19.91	25,018	MBAS18
389	1448	Irma Snip	PETTEN AAN ZEE	VBAS	6	02:34:11	02:02:34	04:36:45	02:34:16.46	02:02:38.41	04:36:54.87	24,934	VBAS18
390	926	Jan Pieter van der Ark	NOORDWIJK	MCYC	47	02:30:40	02:05:43	04:36:23	02:31:14.92	02:05:44.83	04:36:59.75	24,966	MCYC50
391	1410	Willemie Meinders	DRONTEN	VLIC	11	02:30:12	02:07:24	04:37:36	02:30:11.66	02:07:27.19	04:37:38.85	24,857	VLIC18
392	1201	Alex Noordegraaf	SCHIEDAM	MCYC	48	02:27:44	02:09:45	04:37:28	02:27:53.64	02:09:46.25	04:37:39.88	24,868	MCYC18
393	383	Ivan Bos	HEERHUGOWAARD	MBAS	178	02:34:34	02:01:37	04:36:10	02:35:59.16	02:01:45.43	04:37:44.58	24,986	MBAS18
394	1096	Willem Hopstaken	NOORDWIJK	MCYC	49	02:31:39	02:05:39	04:37:18	02:32:10.34	02:05:42.17	04:37:52.51	24,884	MCYC50
395	342	Dick van Baar	ALKMAAR	MBAS	179	02:29:28	02:07:58	04:37:25	02:29:55.56	02:08:05.11	04:38:00.67	24,873	MBAS50
396	56	Ge Bakkum	DEN HELDER	MLIC	150	02:31:03	02:06:27	04:37:30	02:31:22.66	02:06:39.10	04:38:01.75	24,866	MLIC60
397	389	Jan Dirk Braakman	UITGEEST	MBAS	180	02:29:23	02:07:40	04:37:03	02:30:03.07	02:08:01.80	04:38:04.87	24,906	MBAS18
398	598	Bas Kuyper	HEILOO	MBAS	181	02:30:45	02:06:17	04:37:02	02:31:50.02	02:06:20.62	04:38:10.63	24,908	MBAS18
399	510	Dimitri Holtman	EGMOND AAN ZEE	MBAS	182	02:29:47	02:06:33	04:36:19	02:31:44.95	02:06:35.26	04:38:20.20	24,972	MBAS18
400	578	Jordy Kooijman	HEILOO	MBAS	183	02:30:09	02:06:27	04:36:36	02:31:54.40	02:06:27.89	04:38:22.29	24,946	MBAS40
401	715	Mark Schuttenhelm	HEERHUGOWAARD	MBAS	184	02:32:11	02:04:41	04:36:51	02:33:47.30	02:04:40.28	04:38:27.57	24,924	MBAS18
402	440	Martijn Eising	SINT PANCRAS	MBAS	185	02:28:32	02:09:34	04:38:05	02:29:14.90	02:09:33.33	04:38:48.23	24,814	MBAS18
403	696	Remco Vd Roest	HELLEVOETSLUIS	MBAS	186	02:33:59	02:03:14	04:37:12	02:35:35.71	02:03:13.01	04:38:48.72	24,892	MBAS18
404	806	Matthijs Wansink	HAARLEM	MBAS	187	02:35:51	02:02:17	04:38:07	02:36:26.87	02:02:27.08	04:38:53.95	24,810	MBAS50
405	730	Daan Spackler	HOORN	MBAS	188	02:29:42	02:08:57	04:38:38	02:29:53.58	02:09:03.29	04:38:56.87	24,765	MBAS18
406	995	Rutger De Cloedt	OOSTENDE	MCYC	50	02:31:44	02:06:48	04:38:32	02:32:07.30	02:06:50.32	04:38:57.62	24,774	MCYC18
407	648	Fred Neubauer	HELLEVOETSLUIS	MBAS	189	02:34:14	02:03:13	04:37:26	02:35:49.59	02:03:12.82	04:39:02.41	24,871	MBAS18
408	1278	Bastiaan Soet	BERGAMBACHT	MCYC	51	02:36:01	02:01:59	04:38:00	02:37:04.36	02:01:59.42	04:39:03.78	24,822	MCYC18
409	1384	Arne Vanden Wijngaert	ZONHOVEN (B)	MCYC	52	02:36:52	02:02:08	04:38:59	02:36:57.21	02:02:11.95	04:39:09.16	24,733	MCYC18
410	1323	Dirk van Duijvenbode	ROELOFARENDSVEEN	MCYC	53	02:26:20	02:12:50	04:39:10	02:26:28.87	02:12:49.34	04:39:18.21	24,718	MCYC18

411	1306	John Tervoort	EGMOND-BINNEN	MCYC	54	02:34:36	02:02:29	04:37:04	02:36:50.03	02:02:28.58	04:39:18.60	24,904	MCYC50
412	1424	Melissa Sernee	HEERHUGOWAARD	VBAS	7	02:30:12	02:09:23	04:39:34	02:30:21.73	02:09:24.93	04:39:46.66	24,682	VBAS18
413	355	Jan Beekhoven	AMSTERDAM	MBAS	190	02:31:21	02:07:52	04:39:13	02:31:55.55	02:07:56.33	04:39:51.87	24,713	MBAS60
414	372	Tom Best	BOLOGNA	MBAS	191	02:35:10	02:03:58	04:39:08	02:36:13.13	02:04:01.85	04:40:14.97	24,721	MBAS50
415	702	Jacco Schaap	SPANBROEK	MBAS	192	02:39:28	01:59:17	04:38:44	02:41:01.14	01:59:16.91	04:40:18.04	24,755	MBAS18
416	1485	Annabel Splinter	EGMOND-BINNEN	VCYC	2	02:34:47	02:05:19	04:40:05	02:34:54.04	02:05:24.20	04:40:18.24	24,636	VCYC18
417	496	Sander Heemskerck	NOORDWIJK ZH	MBAS	193	02:33:16	02:05:03	04:38:19	02:35:16.00	02:05:08.77	04:40:24.76	24,793	MBAS18
418	517	Mark van der Horn	NOORDWIJKERHOUT	MBAS	194	02:33:17	02:05:00	04:38:17	02:35:16.53	02:05:08.84	04:40:25.36	24,795	MBAS18
419	495	Martijn Heemkerk	NOORDWIJKERHOUT	MBAS	195	02:33:16	02:05:01	04:38:17	02:35:16.72	02:05:08.93	04:40:25.64	24,796	MBAS40
420	1371	Kenny Wullaert	BAZEL	MCYC	55	02:31:54	02:08:17	04:40:10	02:32:04.08	02:08:23.06	04:40:27.13	24,628	MCYC18
421	749	Michael van Strien	ZOETERWOUDE	MBAS	196	02:27:25	02:12:47	04:40:11	02:27:46.84	02:12:48.85	04:40:35.69	24,627	MBAS18
422	391	John Brands	CASTRICUM	MBAS	197	02:33:34	02:06:48	04:40:22	02:33:44.30	02:06:52.08	04:40:36.37	24,612	MBAS18
423	504	Jeroen Herman	EGMOND-BINNEN	MBAS	198	02:31:02	02:08:31	04:39:32	02:31:57.97	02:08:38.42	04:40:36.39	24,685	MBAS18
424	1387	Ben Hopman	EGMOND AAN DEN HOEF	MCYC	56	02:31:37	02:08:35	04:40:12	02:32:00.90	02:08:38.55	04:40:39.45	24,626	MCYC60
425	592	Michael Krijnen	SPANBROEK	MBAS	199	02:32:53	02:06:32	04:39:25	02:33:49.68	02:06:50.82	04:40:40.49	24,696	MBAS18
426	1449	Marianne Vlasveld	ROTSTERHAULE	VBAS	8	02:30:16	02:10:21	04:40:36	02:30:18.47	02:10:22.54	04:40:41.01	24,590	VBAS50
427	843	Kees Zuurbier	JULIANADORP	MBAS	200	02:36:42	02:03:36	04:40:18	02:36:54.06	02:03:47.01	04:40:41.06	24,618	MBAS50
428	1010	Peter Desomer	BREDENE	MCYC	57	02:25:38	02:14:40	04:40:17	02:26:00.67	02:14:43.64	04:40:44.31	24,618	MCYC18
429	484	Richard Groot	EGMOND AAN ZEE	MBAS	201	02:31:12	02:08:28	04:39:39	02:32:08.44	02:08:36.12	04:40:44.56	24,675	MBAS18
430	411	Nico Van Dalen	DEN HELDER	MBAS	202	02:34:35	02:05:16	04:39:51	02:35:27.12	02:05:20.44	04:40:47.56	24,657	MBAS50
431	480	Pim Groenewegen	KWINTSHEUL	MBAS	203	02:33:24	02:06:57	04:40:20	02:33:50.64	02:06:57.14	04:40:47.77	24,615	MBAS18
432	1447	Eline Rampen	SCHAGERBRUG	VBAS	9	02:35:30	02:05:02	04:40:32	02:35:45.38	02:05:07.34	04:40:52.72	24,597	VBAS18
433	758	Martin Tiegelaar	ROTTERDAM	MBAS	204	02:34:47	02:05:50	04:40:36	02:35:12.93	02:05:49.60	04:41:02.52	24,590	MBAS18
434	1011	Peter Dhaene	HOOFDDORP	MCYC	58	02:34:00	02:06:38	04:40:38	02:34:16.62	02:06:49.42	04:41:06.03	24,588	MCYC18
435	352	Frank van Beek	HEERHUGOWAARD	MBAS	205	02:34:40	02:05:37	04:40:16	02:35:25.33	02:05:43.13	04:41:08.45	24,620	MBAS50
436	816	Jinse van Wijgerden	BRUCHEM	MBAS	206	02:32:51	02:07:12	04:40:02	02:33:48.81	02:07:21.69	04:41:10.49	24,640	MBAS18
437	1417	Susan Visscher	DEVENTER	VLIC	12	02:31:23	02:09:45	04:41:08	02:31:24.23	02:09:50.95	04:41:15.18	24,544	VLIC18
438	382	Leon Borst	MONNICKENDAM	MBAS	207	02:36:51	02:03:40	04:40:30	02:37:32.29	02:03:44.95	04:41:17.24	24,599	MBAS50
439	386	Marc Bouwer	ALKMAAR	MBAS	208	02:34:52	02:06:08	04:41:00	02:35:17.78	02:06:08.54	04:41:26.31	24,556	MBAS50
440	1319	Dieco Van der Valk	ROELOFARENDVSVEEN	MCYC	59	02:33:55	02:07:06	04:41:01	02:34:15.60	02:07:13.26	04:41:28.85	24,555	MCYC18
441	1318	Stefan Vaes	ZONHOVEN	MCYC	60	02:20:02	02:21:31	04:41:32	02:20:08.71	02:21:31.66	04:41:40.36	24,509	MCYC50
442	1433	Anne van de Swaluw	KWADENDAMME	VBAS	10	02:34:51	02:06:44	04:41:35	02:34:54.85	02:06:51.02	04:41:45.86	24,505	VBAS18
443	1238	Erik Rosenbrand	ASSEDELFT	MCYC	61	02:31:49	02:09:29	04:41:17	02:32:12.41	02:09:36.67	04:41:49.08	24,531	MCYC18
444	1155	Wouter Lammerts	EGMOND BINNEN	MCYC	62	02:29:14	02:10:32	04:39:46	02:31:17.37	02:10:31.84	04:41:49.20	24,665	MCYC18
445	1024	Leslie Duijn	EGMOND AAN ZEE	MCYC	63	02:31:47	02:09:32	04:41:18	02:32:13.44	02:09:37.02	04:41:50.46	24,529	MCYC18
446	665	Floor Paesens	SCHOORL	MBAS	209	02:31:43	02:10:09	04:41:52	02:31:50.50	02:10:11.10	04:42:01.60	24,480	MBAS18
447	210	Hendrik Verslype	NIEUWPOORT	MLIC	151	02:30:57	02:10:46	04:41:42	02:31:13.76	02:10:54.44	04:42:08.20	24,495	MLIC18
448	987	Jan Claeren	GITS	MCYC	64	02:29:22	02:11:11	04:40:32	02:31:06.90	02:11:11.70	04:42:18.60	24,596	MCYC18

449	127	Rob Karels	CASTRICUM	MLIC	152	02:31:21	02:11:00	04:42:20	02:31:34.93	02:10:59.68	04:42:34.61	24,439	MLIC50
450	395	Michael Bregman	DEN HELDER	MBAS	210	02:31:43	02:09:07	04:40:50	02:33:54.73	02:09:06.31	04:43:01.03	24,571	MBAS18
451	1310	Sven van Tol	ROELOFARENDSVEEN	MCYC	65	02:30:03	02:12:49	04:42:51	02:30:16.00	02:12:49.43	04:43:05.43	24,395	MCYC40
452	521	Henk Hulspas	MAASDIJK	MBAS	211	02:33:17	02:09:13	04:42:30	02:33:44.81	02:09:22.41	04:43:07.21	24,426	MBAS50
453	1199	Dennis Nol	HEEMSKERK	MCYC	66	02:32:42	02:08:51	04:41:32	02:34:19.88	02:08:52.40	04:43:12.28	24,509	MCYC50
454	703	Peter Schachtschabel	SCHIJNDEL	MBAS	212	02:36:25	02:06:33	04:42:57	02:36:37.70	02:06:35.31	04:43:13.00	24,386	MBAS50
455	465	Christiaan Giljam	HAARLEM	MBAS	213	02:33:15	02:05:06	04:38:21	02:35:22.99	02:08:05.57	04:43:28.56	24,790	MBAS18
456	692	Paul van Rijn	ZIERIKZEE	MBAS	214	02:34:12	02:08:03	04:42:15	02:35:28.69	02:08:03.46	04:43:32.15	24,448	MBAS18
457	1131	Koen de Koning	HEERHUGOWAARD	MCYC	67	02:34:08	02:06:46	04:40:53	02:36:48.19	02:06:45.82	04:43:34.00	24,565	MCYC18
458	1117	Jan de Klerk	NOORDWIJKERHOUT	MCYC	68	02:34:02	02:07:59	04:42:01	02:35:29.15	02:08:09.54	04:43:38.69	24,467	MCYC18
459	1269	pieter Slijkerman	'T ZAND	MCYC	69	02:36:55	02:06:37	04:43:31	02:36:57.33	02:06:46.27	04:43:43.59	24,338	MCYC50
460	542	Jan Jonker	SCHOORL	MBAS	215	02:33:35	02:10:10	04:43:45	02:33:43.13	02:10:11.22	04:43:54.34	24,318	MBAS60
461	1330	Joep van der Veer	ROELOFARENDSVEEN	MCYC	70	02:30:57	02:12:48	04:43:45	02:31:09.96	02:12:49.03	04:43:58.98	24,318	MCYC18
462	752	Erik Strooper	'T ZAND (N-H)	MBAS	216	02:33:32	02:10:21	04:43:53	02:33:54.37	02:10:27.22	04:44:21.59	24,307	MBAS50
463	198	Onno Timmermans	BEVERWIJK	MLIC	153	02:32:40	02:11:21	04:44:01	02:33:03.50	02:11:20.99	04:44:24.48	24,294	MLIC18
464	1228	Teun Rijke	DEN OEVER	MCYC	71	02:34:48	02:07:30	04:42:17	02:36:42.83	02:07:48.58	04:44:31.40	24,444	MCYC60
465	124	Raimond de Jong	MIDDELHARNIS	MLIC	154	02:39:53	02:04:19	04:44:12	02:40:05.06	02:04:26.79	04:44:31.85	24,279	MLIC18
466	693	Wim van Rijnsouw	OEGSTGEEST	MBAS	217	02:36:59	02:07:04	04:44:02	02:37:40.74	02:07:10.45	04:44:51.18	24,294	MBAS60
467	971	Brent-Jan Bot	AMSTERDAM	MCYC	72	02:35:16	02:07:40	04:42:55	02:37:09.07	02:07:51.44	04:45:00.50	24,389	MCYC40
468	563	Dennis van der Kleij	DELFGAUW	MBAS	218	02:34:58	02:09:17	04:44:14	02:35:46.80	02:09:26.65	04:45:13.45	24,276	MBAS18
469	599	Johan Lacroix	ROCKANJE	MBAS	219	02:34:58	02:07:23	04:42:21	02:37:46.83	02:07:29.25	04:45:16.08	24,439	MBAS50
470	1331	peter van der veer	ROELOFARENDSVEEN	MCYC	73	02:36:52	02:08:28	04:45:20	02:36:59.32	02:08:34.96	04:45:34.28	24,184	MCYC18
471	396	Menno Bregten	HEERHUGOWAARD	MBAS	220	02:34:21	02:09:25	04:43:46	02:36:09.66	02:09:24.86	04:45:34.52	24,317	MBAS18
472	1345	Birger Victor	KLUISBERGEN	MCYC	74	02:35:00	02:08:37	04:43:36	02:36:56.16	02:08:41.92	04:45:38.07	24,330	MCYC18
473	909	Frans Kingma	DEN HELDER	MCYC	75	02:36:23	02:09:11	04:45:34	02:36:28.15	02:09:12.36	04:45:40.51	24,164	MCYC50
474	1334	Ruud van Velzen	ROELOFARENDSVEEN	MCYC	76	02:36:55	02:08:29	04:45:24	02:37:09.91	02:08:42.47	04:45:52.37	24,178	MCYC50
475	1161	Jos Liefding	EGMOND-BINNEN	MCYC	77	02:36:17	02:08:31	04:44:48	02:37:21.60	02:08:37.21	04:45:58.81	24,229	MCYC50
476	607	Ron van der Lans	HILLEGOM	MBAS	221	02:30:54	02:14:03	04:44:57	02:31:45.60	02:14:20.19	04:46:05.78	24,216	MBAS50
477	564	Christophe Gino	DEN HAAG	MBAS	222	02:36:34	02:08:41	04:45:15	02:37:39.86	02:08:43.47	04:46:23.32	24,190	MBAS50
478	1411	Sytske de Jong	DEN HAAG	VLIC	13	02:31:40	02:10:09	04:41:48	02:31:39.54	02:14:43.90	04:46:23.44	24,486	VLIC18
479	792	Peter Vlietland	OUDDORP	MBAS	223	02:34:13	02:10:22	04:44:35	02:35:56.74	02:10:32.70	04:46:29.44	24,247	MBAS18
480	1058	Kees Groot	LIMMEN	MCYC	78	02:39:14	02:04:14	04:43:27	02:42:12.17	02:04:18.58	04:46:30.75	24,344	MCYC60
481	1266	Barry Sey	KNOKKE	MCYC	79	02:35:36	02:09:12	04:44:48	02:37:16.40	02:09:14.69	04:46:31.09	24,229	MCYC18
482	600	Rob Lagendijk	VALKENBURG ZH	MBAS	224	02:41:34	02:02:07	04:43:40	02:44:25.61	02:02:06.33	04:46:31.94	24,324	MBAS18
483	844	Robbie Zwaan	SINT PANCRAS	MBAS	225	02:33:50	02:11:11	04:45:01	02:35:22.78	02:11:22.21	04:46:44.99	24,210	MBAS50
484	567	Patrick van der Knaap	WATERINGEN	MBAS	226	02:44:05	02:01:42	04:45:47	02:45:05.32	02:01:44.06	04:46:49.38	24,145	MBAS18
485	472	Dominique Grijze	ABBENES	MBAS	227	02:34:19	02:11:12	04:45:30	02:35:39.00	02:11:11.61	04:46:50.60	24,169	MBAS18

486	1327	Jan Vander Plaetse	BRUGGE	MCYC	80	02:38:27	02:05:42	04:44:08	02:41:17.51	02:05:41.80	04:46:59.31	24,285	MCYC50
487	546	Kees Kager	EGMOND AAN DEN HOEF	MBAS	228	02:36:28	02:09:27	04:45:54	02:37:33.76	02:09:34.41	04:47:08.17	24,135	MBAS50
488	558	Jos Kerssens	EENIGENBURG	MBAS	229	02:35:39	02:11:27	04:47:06	02:35:45.82	02:11:29.07	04:47:14.88	24,035	MBAS50
489	1307	Ad Tervoort	EGMOND-BINNEN	MCYC	81	02:36:28	02:08:37	04:45:05	02:38:40.47	02:08:39.52	04:47:19.99	24,205	MCYC18
490	552	Willem de Kater	ABCOUDE	MBAS	230	02:36:20	02:10:47	04:47:06	02:36:36.30	02:10:47.72	04:47:24.01	24,034	MBAS18
491	165	Robert Reincke	HELLEVOETSLUIS	MLIC	155	02:40:09	02:06:56	04:47:05	02:40:21.17	02:07:04.47	04:47:25.64	24,036	MLIC18
492	134	Frank van Krimpen	AMSTERDAM	MLIC	156	02:33:32	02:13:18	04:46:49	02:33:59.10	02:13:27.23	04:47:26.33	24,057	MLIC60
493	1439	Nienke Brandt-Piersma	MONNICKENDAM	VBAS	11	02:34:21	02:13:01	04:47:21	02:34:20.75	02:13:05.90	04:47:26.65	24,013	VBAS40
494	1216	Koos Plug	KATWIJK	MCYC	82	02:42:10	02:03:06	04:45:16	02:44:22.05	02:03:08.31	04:47:30.36	24,189	MCYC50
495	1224	Paul van de Reep	HEILOO	MCYC	83	02:30:58	02:14:30	04:45:27	02:32:59.07	02:14:34.93	04:47:33.99	24,173	MCYC18
496	944	Hugo de Best	RIJNSBURG	MCYC	84	02:42:08	02:03:03	04:45:11	02:44:26.06	02:03:08.43	04:47:34.49	24,196	MCYC50
497	1488	Chantal van Tol	ROELOFARENDVSVEEN	VCYC	3	02:34:53	02:12:44	04:47:36	02:34:54.44	02:12:49.08	04:47:43.52	23,992	VCYC18
498	834	Arjen Zijlmans	HEERHUGOWAARD	MBAS	231	02:43:41	02:03:22	04:47:03	02:44:21.97	02:03:21.95	04:47:43.91	24,038	MBAS50
499	416	Peter Dekker	EGMOND AAN DEN HOEF	MBAS	232	02:36:02	02:10:48	04:46:50	02:37:01.41	02:10:52.07	04:47:53.47	24,057	MBAS18
500	455	Simon Gaarhuis	ALKMAAR	MBAS	233	02:33:58	02:11:29	04:45:27	02:36:15.34	02:11:38.58	04:47:53.92	24,174	MBAS18
501	960	Wiebe Boersma	SINT PANCRAS	MCYC	85	02:35:14	02:12:34	04:47:48	02:35:27.36	02:12:38.30	04:48:05.65	23,976	MCYC50
502	494	Gerdo Hazeleger	RENSWOUDE	MBAS	234	02:34:34	02:12:43	04:47:16	02:35:26.11	02:12:42.10	04:48:08.21	24,020	MBAS18
503	755	Adriaan Tanis	GOEDEREDE	MBAS	235	02:31:06	02:13:57	04:45:03	02:32:29.07	02:15:44.44	04:48:13.51	24,207	MBAS18
504	431	Sam van Drunen	PETTEN	MBAS	236	02:32:43	02:14:04	04:46:47	02:33:58.09	02:14:20.20	04:48:18.29	24,061	MBAS60
505	991	Marinus van Dam	ZEVENHUIZEN	MCYC	86	02:36:45	02:11:14	04:47:59	02:37:07.59	02:11:26.03	04:48:33.62	23,960	MCYC18
506	341	Mark Andringa	UITGEEST	MBAS	237	02:35:15	02:10:53	04:46:07	02:37:33.60	02:11:06.01	04:48:39.60	24,116	MBAS50
507	486	Dennis Groot	HEERHUGOWAARD	MBAS	238	02:32:14	02:14:52	04:47:05	02:33:52.50	02:14:52.03	04:48:44.52	24,036	MBAS18
508	635	John Metz	ZAANDAM	MBAS	239	02:34:15	02:13:24	04:47:39	02:35:21.36	02:13:23.97	04:48:45.32	23,988	MBAS50
509	1088	Onno Honig	WIJK AAN ZEE	MCYC	87	02:43:49	02:04:13	04:48:02	02:44:28.43	02:04:22.59	04:48:51.02	23,957	MCYC50
510	697	Brent Roevens	BOUWEL	MBAS	240	02:33:42	02:13:38	04:47:19	02:35:20.25	02:13:37.67	04:48:57.91	24,016	MBAS18
511	1214	joost pielage	OUDERKERK AAN DE AMSTEL	MCYC	88	02:36:45	02:10:19	04:47:03	02:38:47.67	02:10:18.19	04:49:05.85	24,039	MCYC50
512	525	Richard Ippel	WIERINGERWERF	MBAS	241	02:32:53	02:15:07	04:48:00	02:34:01.13	02:15:06.11	04:49:07.23	23,960	MBAS18
513	498	Matti Hegeman	HEERHUGOWAARD	MBAS	242	02:38:34	02:08:56	04:47:30	02:40:35.43	02:08:56.77	04:49:32.20	24,001	MBAS18
514	1381	Pim Zwart	HAARLEM	MCYC	89	02:35:59	02:12:06	04:48:05	02:37:25.62	02:12:10.13	04:49:35.74	23,952	MCYC18
515	1142	Jano Kreeft	HEEMSTED	MCYC	90	02:37:23	02:10:44	04:48:07	02:38:52.71	02:10:43.13	04:49:35.83	23,950	MCYC50
516	1222	Michiel Van Ramselaar	ZEEWOLDE	MCYC	91	02:36:47	02:10:37	04:47:24	02:39:03.39	02:10:40.05	04:49:43.43	24,009	MCYC50
517	955	Bas De Boer	EGMOND-BINNEN	MCYC	92	02:38:41	02:08:40	04:47:21	02:41:18.46	02:08:39.68	04:49:58.14	24,013	MCYC18
518	1102	Bert IJszenga	PIJNACKER	MCYC	93	02:34:49	02:12:50	04:47:38	02:37:03.61	02:12:55.93	04:49:59.54	23,989	MCYC18
519	720	David Sloog	CASTRICUM	MBAS	243	02:45:17	02:03:27	04:48:44	02:46:32.73	02:03:26.91	04:49:59.63	23,899	MBAS18
520	1300	Gaby Swaag	EGMOND- BINNEN	MCYC	94	02:38:57	02:08:38	04:47:34	02:41:27.57	02:08:39.51	04:50:07.07	23,995	MCYC18
521	770	Piet v.d. Velden	EGMOND BINNEN	MBAS	244	02:38:54	02:08:37	04:47:30	02:41:28.72	02:08:39.58	04:50:08.30	24,001	MBAS60
522	791	Jorge van Vliet	HEEMSKERK	MBAS	245	02:30:46	02:18:26	04:49:11	02:31:44.46	02:18:25.18	04:50:09.63	23,861	MBAS18
523	1144	Marco Kristalijn	NIEUWERKERK	MCYC	95	02:34:21	02:07:38	04:41:58	02:35:22.50	02:15:01.89	04:50:24.38	24,471	MCYC18

524	809	Maarten ter Weijde	VELSERBROEK	MBAS	246	02:31:22	02:18:15	04:49:37	02:32:01.49	02:18:25.38	04:50:26.86	23,825	MBAS18
525	356	Jan Beemsterboer	OUDORP NH	MBAS	247	02:34:24	02:14:07	04:48:31	02:36:20.54	02:14:06.60	04:50:27.13	23,917	MBAS18
526	772	Frank Veldt	CASTRICUM	MBAS	248	02:34:23	02:14:22	04:48:45	02:36:01.71	02:14:27.65	04:50:29.35	23,897	MBAS50
527	650	Derek van der Niet	NOORDWIJK ZH	MBAS	249	02:35:12	02:15:04	04:50:16	02:35:20.18	02:15:23.88	04:50:44.05	23,772	MBAS60
528	1219	Pieter Pronk	NIBBIXWOUD	MCYC	96	02:38:31	02:09:38	04:48:09	02:41:11.44	02:09:37.72	04:50:49.15	23,946	MCYC50
529	514	Arjen Hoogenhout	AMSTERDAM	MBAS	250	02:33:56	02:15:26	04:49:21	02:35:24.00	02:15:27.88	04:50:51.88	23,847	MBAS18
530	1064	Lodewijk Den Haan	OUDE WETERING	MCYC	97	02:32:06	02:18:38	04:50:44	02:32:15.52	02:18:37.58	04:50:53.10	23,734	MCYC50
531	1125	Barry Koenders	AMSTERDAM	MCYC	98	02:35:37	02:14:10	04:49:47	02:36:46.90	02:14:09.28	04:50:56.18	23,812	MCYC18
532	84	Jan-Dick den Das	LANDSMEER	MLIC	157	02:36:34	02:14:01	04:50:35	02:36:48.97	02:14:07.84	04:50:56.80	23,747	MLIC50
533	1009	Ruben Desmet	KOEKELARE	MCYC	99	02:29:25	02:19:52	04:49:16	02:31:05.42	02:19:55.84	04:51:01.25	23,854	MCYC18
534	848	Kurt Vancoppenolle	BEERNEM	MBAS	251	02:40:31	02:09:19	04:49:50	02:41:35.91	02:09:26.08	04:51:01.98	23,807	MBAS18
535	923	Rob Van Aniel	HILLEGOM	MCYC	100	02:38:26	02:12:19	04:50:44	02:38:44.80	02:12:19.80	04:51:04.60	23,734	MCYC50
536	582	Aaldrik Koops	ZAANDAM	MBAS	252	02:38:38	02:10:06	04:48:44	02:40:53.91	02:10:12.26	04:51:06.16	23,898	MBAS60
537	754	Edwin Swaab	TUITJENHORN	MBAS	253	02:33:41	02:16:59	04:50:40	02:33:56.61	02:17:09.77	04:51:06.37	23,740	MBAS18
538	553	Jeroen van Kats	ZEEWOLDE	MBAS	254	02:32:33	02:14:35	04:47:07	02:36:30.99	02:14:35.82	04:51:06.80	24,033	MBAS18
539	1225	Niels Reijgersberg	DEN HAAG	MCYC	101	02:35:48	02:14:12	04:49:59	02:36:58.49	02:14:12.14	04:51:10.62	23,795	MCYC18
540	1179	Ron Meeuwissen	ROELOFARENDSVEEN	MCYC	102	02:35:57	02:13:51	04:49:47	02:37:06.59	02:14:09.18	04:51:15.76	23,811	MCYC18
541	1284	Rob Stam	DEN HELDER	MCYC	103	02:34:40	02:13:59	04:48:39	02:37:08.23	02:14:08.05	04:51:16.28	23,905	MCYC50
542	1231	Harm Ritsema	CASTRICUM	MCYC	104	02:36:47	02:13:38	04:50:25	02:37:28.66	02:13:48.17	04:51:16.83	23,759	MCYC18
543	1036	Bernhard Fidom	BEILEN	MCYC	105	02:36:55	02:14:24	04:51:18	02:37:05.69	02:14:25.54	04:51:31.23	23,687	MCYC50
544	1308	Her Tesselaar	HEERHUGOWAARD	MCYC	106	02:34:22	02:14:33	04:48:55	02:36:59.25	02:14:32.63	04:51:31.88	23,883	MCYC60
545	358	Dick Beentjes	HEEMSKERK	MBAS	255	02:33:14	02:15:45	04:48:58	02:35:32.66	02:16:02.15	04:51:34.80	23,878	MBAS50
546	1246	Gert van der Sar	'S-GRAVENZANDE	MCYC	107	02:34:31	02:14:22	04:48:53	02:37:13.52	02:14:21.58	04:51:35.10	23,886	MCYC50
547	331	Richard van Aalst	DEN HAAG	MBAS	256	02:44:18	02:06:14	04:50:32	02:45:12.29	02:06:29.50	04:51:41.79	23,750	MBAS18
548	1037	Robert Fidom	BEILEN	MCYC	108	02:41:18	02:10:15	04:51:33	02:41:30.08	02:10:14.48	04:51:44.55	23,667	MCYC18
549	930	Dennis Bakker	EGMOND AAN ZEE	MCYC	109	02:33:20	02:17:31	04:50:50	02:34:17.07	02:17:31.32	04:51:48.38	23,725	MCYC18
550	969	Hans in den Bosch	HEERHUGOWAARD	MCYC	110	02:38:48	02:12:46	04:51:33	02:39:01.33	02:12:52.50	04:51:53.83	23,667	MCYC60
551	1044	Kees van der Geest	OUD-ADE	MCYC	111	02:35:09	02:16:16	04:51:24	02:35:25.65	02:16:28.49	04:51:54.14	23,679	MCYC18
552	750	Frank Stroet	HEERHUGOWAARD	MBAS	257	02:34:25	02:15:10	04:49:34	02:35:30.75	02:16:33.65	04:52:04.39	23,830	MBAS50
553	1184	Robby Mol	AMSTERDAM	MCYC	112	02:42:51	02:08:54	04:51:44	02:43:12.23	02:08:56.21	04:52:08.44	23,653	MCYC50
554	432	Renzo Duijn	ALKMAAR	MBAS	258	02:35:30	02:15:56	04:51:26	02:35:59.28	02:16:11.23	04:52:10.50	23,677	MBAS18
555	786	Jan Visser	SANTPOORT-NOORD	MBAS	259	02:39:50	02:11:47	04:51:36	02:40:20.78	02:11:56.45	04:52:17.22	23,663	MBAS50
556	1158	Willem Leek	HEILOO	MCYC	113	02:34:01	02:15:42	04:49:42	02:36:39.77	02:15:41.14	04:52:20.90	23,819	MCYC18
557	666	Dennis Palfenier	EGMOND BINNEN	MBAS	260	02:36:18	02:14:24	04:50:42	02:37:58.19	02:14:23.88	04:52:22.07	23,736	MBAS18
558	1290	Leo Steijn	AMERSFOORT	MCYC	114	02:38:43	02:10:55	04:49:37	02:41:31.81	02:10:59.47	04:52:31.28	23,825	MCYC50
559	611	Patrick Legierse	ROTTERDAM	MBAS	261	02:45:40	02:05:53	04:51:33	02:46:32.76	02:06:01.81	04:52:34.56	23,668	MBAS18
560	468	Dirk Goldebeld	WORMER	MBAS	262	02:39:58	02:10:18	04:50:15	02:42:16.37	02:10:24.95	04:52:41.32	23,773	MBAS60
561	700	Mathieu de Ruijter	ALKMAAR	MBAS	263	02:39:50	02:12:24	04:52:14	02:40:18.09	02:12:23.58	04:52:41.66	23,612	MBAS18

562	1221	Bas Putter	UITGEEST	MCYC	115	02:36:14	02:15:43	04:51:57	02:37:00.31	02:15:42.73	04:52:43.03	23,635	MCYC18
563	745	Barry Stolze	DE LIER	MBAS	264	02:33:36	02:18:54	04:52:29	02:33:48.45	02:19:02.80	04:52:51.25	23,592	MBAS18
564	626	Bert Mast	LIPPENHUIZEN	MBAS	265	02:37:11	02:15:19	04:52:30	02:37:36.39	02:15:18.80	04:52:55.19	23,591	MBAS50
565	1066	John Van Haestregt	OUDE WETERING	MCYC	116	02:36:54	02:15:29	04:52:22	02:37:09.84	02:15:45.57	04:52:55.41	23,601	MCYC50
566	1490	christine verduin	SINT PANCRAS	VCYC	4	02:35:47	02:17:01	04:52:47	02:36:00.72	02:17:01.39	04:53:02.10	23,567	VCYC18
567	1435	Corry Groot	HEILOO	VBAS	12	02:35:48	02:17:02	04:52:50	02:36:01.11	02:17:01.27	04:53:02.37	23,564	VBAS18
568	905	Peter Tas	'T ZAND	MCYC	117	02:36:49	02:16:05	04:52:53	02:36:55.92	02:16:17.34	04:53:13.25	23,559	MCYC18
569	1012	Jan Dieleman	HEILOO	MCYC	118	02:34:57	02:15:40	04:50:37	02:37:33.88	02:15:41.44	04:53:15.32	23,743	MCYC18
570	673	Arie Peursem	HARDINXVELD GIESSENDAM	MBAS	266	02:33:14	02:19:20	04:52:33	02:33:47.19	02:19:28.38	04:53:15.57	23,586	MBAS18
571	712	Robbert Schreuder	DEN HELDER	MBAS	267	02:35:54	02:16:42	04:52:36	02:36:24.05	02:16:52.40	04:53:16.44	23,583	MBAS50
572	742	Owen Stiphout	URSEM	MBAS	268	02:39:30	02:12:22	04:51:52	02:40:57.58	02:12:22.75	04:53:20.33	23,642	MBAS18
573	925	Matthijs Donker	ZAANDAM	MCYC	119	02:30:55	02:20:57	04:51:51	02:32:20.75	02:20:59.65	04:53:20.39	23,643	MCYC18
574	674	Jos Peursem	HARDINXVELD- GIESSENDAM	MBAS	269	02:33:23	02:19:20	04:52:43	02:33:58.67	02:19:28.34	04:53:27.01	23,573	MBAS18
575	640	Marco Moes	DESSELGEM	MBAS	270	02:39:36	02:12:23	04:51:59	02:41:05.36	02:12:22.83	04:53:28.18	23,632	MBAS18
576	397	Bart Brinkman	DEN HELDER	MBAS	271	02:35:17	02:16:35	04:51:52	02:36:45.96	02:16:44.19	04:53:30.15	23,642	MBAS50
577	1320	Peter van Ackerbroeck	MERKSPLAS	MCYC	120	02:34:09	02:18:06	04:52:14	02:35:34.13	02:18:06.92	04:53:41.04	23,611	MCYC18
578	1099	Jos Huiberts	'T ZAND	MCYC	121	02:44:57	02:08:51	04:53:48	02:45:05.66	02:08:53.64	04:53:59.29	23,485	MCYC50
579	688	Rob Rentinck	WARMENHUIZEN	MBAS	272	02:34:10	02:18:39	04:52:48	02:35:24.53	02:18:38.47	04:54:02.99	23,566	MBAS18
580	215	Mart de Vries	VALKKOOG	MLIC	158	02:34:12	02:18:36	04:52:48	02:35:27.03	02:18:36.28	04:54:03.31	23,566	MLIC18
581	831	Marcel van der Wurf	CASTRICUM	MBAS	273	02:34:29	02:18:06	04:52:34	02:36:06.67	02:18:05.32	04:54:11.98	23,585	MBAS50
582	1333	Tom Veldt	HEILOO	MCYC	122	02:41:43	02:09:50	04:51:33	02:44:23.30	02:09:51.60	04:54:14.89	23,668	MCYC18
583	1060	jan groot	LIMMEN	MCYC	123	02:42:18	02:11:26	04:53:43	02:42:41.35	02:11:34.15	04:54:15.49	23,493	MCYC18
584	798	Paul de Vries	DE WEERE	MBAS	274	02:41:17	02:09:20	04:50:37	02:45:02.36	02:09:20.98	04:54:23.34	23,743	MBAS18
585	657	Robin Oosterbaan	HEEMSKERK	MBAS	275	02:35:10	02:18:24	04:53:34	02:36:09.93	02:18:25.40	04:54:35.33	23,505	MBAS18
586	156	Pim Molenaar	HEILOO	MLIC	159	02:37:06	02:17:01	04:54:06	02:37:37.30	02:17:06.58	04:54:43.88	23,462	MLIC18
587	630	Gido van der Meij	MIDDENMEER	MBAS	276	02:36:22	02:17:24	04:53:46	02:37:31.36	02:17:23.60	04:54:54.95	23,489	MBAS18
588	426	Bart Dirkson	LIMMEN	MBAS	277	02:35:49	02:18:19	04:54:07	02:36:34.67	02:18:25.27	04:54:59.94	23,461	MBAS50
589	458	Marc Geijteman	SINT PANCRAS	MBAS	278	02:39:54	02:13:53	04:53:47	02:41:24.05	02:13:58.02	04:55:22.06	23,488	MBAS18
590	462	Frank Gieske	OOSTHUIZEN	MBAS	279	02:44:44	02:10:14	04:54:57	02:45:03.27	02:10:20.13	04:55:23.40	23,394	MBAS18
591	86	Joshua Dekker	SINT PANCRAS	MLIC	160	02:39:56	02:13:58	04:53:54	02:41:26.52	02:13:57.97	04:55:24.49	23,478	MLIC18
592	683	Patrick Putter	UITGEEST	MBAS	280	02:36:54	02:17:26	04:54:20	02:38:05.81	02:17:25.35	04:55:31.15	23,444	MBAS18
593	747	Kaspar Straathof	RIJSWIJK ZH	MBAS	281	02:44:46	02:08:46	04:53:31	02:46:53.49	02:08:47.80	04:55:41.29	23,509	MBAS18
594	137	Harmen Land	ZOETERMEER	MLIC	161	02:45:09	02:10:24	04:55:32	02:45:35.48	02:10:31.83	04:56:07.31	23,348	MLIC50
595	75	Maurits Buist	DRACHTEN	MLIC	162	02:33:20	02:22:41	04:56:01	02:33:28.43	02:22:46.73	04:56:15.16	23,311	MLIC18
596	585	Edwin Korver	HEEMSKERK	MBAS	282	02:37:01	02:18:23	04:55:23	02:37:59.59	02:18:25.09	04:56:24.67	23,360	MBAS18
597	1270	Wim van der Slot	NOORDWIJK	MCYC	124	02:34:04	02:20:45	04:54:49	02:35:29.94	02:20:54.83	04:56:24.76	23,405	MCYC50
598	545	Jaap Kaan	EGMOND AAN ZEE	MBAS	283	02:37:57	02:17:26	04:55:22	02:38:55.45	02:17:31.29	04:56:26.73	23,361	MBAS18
599	400	Maarten Bruin	VELSERBROEK	MBAS	284	02:39:35	02:16:06	04:55:41	02:40:10.23	02:16:17.25	04:56:27.48	23,336	MBAS18



600	1316	Thimo Van der Vaart	EGMOND AAN DEN HOEF	MCYC	125	02:40:36	02:15:01	04:55:37	02:41:30.53	02:15:00.47	04:56:30.99	23,342	MCYC18
601	743	Bart Stoke	BEVERWIJK	MBAS	285	02:39:15	02:16:11	04:55:26	02:40:23.70	02:16:13.57	04:56:37.26	23,356	MBAS50
602	627	Jan Masteling	KOEDIJK	MBAS	286	02:39:17	02:16:14	04:55:31	02:40:24.78	02:16:13.36	04:56:38.14	23,350	MBAS50
603	778	HenkJan Verdonk	EGMOND AAN DEN HOEF	MBAS	287	02:35:08	02:21:11	04:56:18	02:35:29.92	02:21:11.42	04:56:41.34	23,287	MBAS60
604	539	Niels de Jong	BROEK OP LANGEDIJK	MBAS	288	02:38:42	02:16:44	04:55:26	02:40:01.41	02:16:46.16	04:56:47.56	23,357	MBAS18
605	531	Johnny Janse	RENESE	MBAS	289	02:33:50	02:20:51	04:54:41	02:35:52.24	02:20:55.63	04:56:47.87	23,416	MBAS18
606	584	Barry van Koppen	HONSELERSDIJK	MBAS	290	02:38:37	02:16:12	04:54:49	02:40:38.21	02:16:21.69	04:56:59.90	23,405	MBAS18
607	949	Maurice Bijl	BROUWERSHAVEN	MCYC	126	02:34:19	02:14:22	04:48:41	02:35:18.85	02:21:47.74	04:57:06.59	23,903	MCYC18
608	756	John Terpstra	VENHUIZEN	MBAS	291	02:39:49	02:15:17	04:55:06	02:41:30.34	02:15:36.62	04:57:06.96	23,383	MBAS50
609	659	Hendri Otte	VOLENDAM	MBAS	292	02:41:04	02:15:40	04:56:43	02:41:21.73	02:15:47.45	04:57:09.18	23,255	MBAS50
610	1414	Amber Boks	ANNA PAULOWNA	VLIC	14	02:36:10	02:20:58	04:57:08	02:36:09.24	02:21:03.44	04:57:12.68	23,223	VLIC18
611	1451	Famke van Wijgerden	BRUCHEM	VBAS	13	02:42:28	02:14:30	04:56:58	02:42:32.26	02:14:46.06	04:57:18.31	23,235	VBAS18
612	619	Marc Lubbers	UTRECHT	MBAS	293	02:40:13	02:17:02	04:57:14	02:40:19.66	02:17:01.66	04:57:21.32	23,214	MBAS50
613	1237	Jan de Roon	ROCKANJE	MCYC	127	02:42:31	02:12:31	04:55:01	02:44:55.17	02:12:38.06	04:57:33.23	23,389	MCYC50
614	390	Ad Brabander	NAALDWIJK	MBAS	294	02:34:39	02:21:39	04:56:17	02:36:03.67	02:21:41.42	04:57:45.08	23,289	MBAS50
615	157	Julien Mouthaan	BERKEL EN RODENRIJS	MLIC	163	02:34:30	02:21:23	04:55:52	02:36:30.06	02:21:23.47	04:57:53.52	23,322	MLIC18
616	1295	Sjors Straatman	DEN HELDER	MCYC	128	02:41:17	02:15:52	04:57:08	02:42:03.46	02:15:53.67	04:57:57.12	23,223	MCYC50
617	685	Pascal Recoert	PIJNACKER	MBAS	295	02:34:35	02:21:24	04:55:59	02:36:36.26	02:21:23.57	04:57:59.82	23,313	MBAS18
618	1187	Jaap Muhren	VOLENDAM	MCYC	129	02:39:21	02:17:39	04:57:00	02:40:26.29	02:17:46.78	04:58:13.06	23,234	MCYC18
619	839	Marcel Zonneveld	CASTRICUM	MBAS	296	02:37:51	02:18:11	04:56:01	02:39:59.66	02:18:14.36	04:58:14.02	23,310	MBAS18
620	427	Jan van Dongen	BURGH-HAAMSTED	MBAS	297	02:34:18	02:22:57	04:57:14	02:35:31.16	02:22:56.04	04:58:27.20	23,215	MBAS18
621	655	Hein Olijhoek	BENTHUIZEN	MBAS	298	02:34:04	02:22:20	04:56:24	02:36:17.68	02:22:19.35	04:58:37.02	23,280	MBAS50
622	1080	Marco Hobbel	NIEUWE TONGE	MCYC	130	02:44:28	02:13:48	04:58:15	02:44:57.23	02:13:47.69	04:58:44.92	23,135	MCYC18
623	1311	Barry Tol	VOLENDAM	MCYC	131	02:39:49	02:17:43	04:57:32	02:40:57.40	02:17:48.86	04:58:46.26	23,191	MCYC18
624	990	Donncha Cuttriss	LEIDSCHENDAM	MCYC	132	02:40:29	02:17:04	04:57:32	02:41:51.65	02:17:03.48	04:58:55.13	23,191	MCYC18
625	795	Arno Vos	HEERHUGOWAARD	MBAS	299	02:39:07	02:18:39	04:57:45	02:40:16.42	02:18:38.72	04:58:55.14	23,174	MBAS18
626	77	Sjoerd Bult	RHOON	MLIC	164	02:43:00	02:13:31	04:56:31	02:45:28.40	02:13:30.94	04:58:59.34	23,270	MLIC18
627	941	Henny Bergman	COTHEN	MCYC	133	02:43:24	02:12:34	04:55:57	02:46:20.92	02:12:39.58	04:59:00.49	23,315	MCYC50
628	475	Peter Groen	ALKMAAR	MBAS	300	02:34:49	02:15:04	04:49:52	02:36:40.83	02:22:24.04	04:59:04.87	23,805	MBAS18
629	699	Marcel Rozing	BEVERWIJK	MBAS	301	02:39:45	02:18:23	04:58:08	02:40:44.32	02:18:25.34	04:59:09.65	23,145	MBAS50
630	1468	Lucienne Dekker	OUDKARSPEL	VCYC	5	02:43:14	02:15:49	04:59:02	02:43:19.23	02:15:50.51	04:59:09.74	23,075	VCYC50
631	434	Peter Duineveld	TUITJENHORN	MBAS	302	02:36:41	02:21:08	04:57:48	02:37:55.72	02:21:15.12	04:59:10.84	23,171	MBAS18
632	658	Cristian Ooyevaar	WARMENHUIZEN	MBAS	303	02:46:20	02:12:34	04:58:54	02:46:34.36	02:12:37.99	04:59:12.35	23,086	MBAS18
633	1001	René Dekker	ZAANDAM	MCYC	134	02:39:03	02:17:46	04:56:49	02:41:23.94	02:17:51.12	04:59:15.05	23,248	MCYC18
634	388	Jeen Bouwmeester	WARTENA	MBAS	304	02:35:44	02:23:12	04:58:56	02:36:02.17	02:23:14.65	04:59:16.82	23,083	MBAS50
635	820	Piet Wijnker	NOORD SCHARWOUDE	MBAS	305	02:38:01	02:19:06	04:57:06	02:40:09.22	02:19:16.80	04:59:26.01	23,225	MBAS60
636	908	Jaap de Bray	DEN HELDER	MCYC	135	02:46:14	02:11:32	04:57:45	02:46:20.37	02:13:26.63	04:59:47.00	23,174	MCYC60

637	1294	Han Stoop	DEN HAAG	MCYC	136	02:45:48	02:11:49	04:57:37	02:47:49.62	02:12:00.61	04:59:50.23	23,185	MCYC50
638	1487	Marianne Thissen-Smits	EGMOND AAN DEN HOEF	VCYC	6	02:46:00	02:13:43	04:59:42	02:46:08.88	02:13:42.88	04:59:51.76	23,023	VCYC50
639	76	Jelle Buitenhuis	AMSTERDAM	MLIC	165	02:40:47	02:18:44	04:59:30	02:41:07.71	02:18:47.37	04:59:55.07	23,039	MLIC18
640	1251	Frank Scheffer	SOEST	MCYC	137	02:34:19	02:22:45	04:57:03	02:37:06.47	02:22:49.36	04:59:55.83	23,229	MCYC50
641	1432	Annika Molenaar	EGMOND AAN DEN HOEF	VBAS	14	02:45:09	02:14:57	05:00:05	02:45:12.24	02:14:56.22	05:00:08.46	22,994	VBAS18
642	968	Eric de Bos	WESTERVOORT	MCYC	138	02:45:18	02:13:46	04:59:03	02:46:29.76	02:13:45.50	05:00:15.25	23,073	MCYC50
643	430	Michiel van den Driest	PETTEN	MBAS	306	02:39:02	02:19:45	04:58:46	02:40:28.45	02:19:48.08	05:00:16.52	23,096	MBAS18
644	1196	Dirk Nijgh	KATWIJK	MCYC	139	02:41:41	02:15:40	04:57:20	02:44:37.71	02:15:46.10	05:00:23.80	23,206	MCYC50
645	833	Cees Zentveld	CASTRICUM	MBAS	307	02:41:12	02:19:09	05:00:20	02:41:27.33	02:19:08.84	05:00:36.17	22,975	MBAS50
646	615	Jos Liefing	HEEMSKERK	MBAS	308	02:39:54	02:11:07	04:51:01	02:42:00.11	02:18:39.16	05:00:39.26	23,711	MBAS50
647	1020	George Dooper	BROEK OP LANGEDIJK	MCYC	140	02:40:15	02:18:05	04:58:19	02:42:35.24	02:18:04.58	05:00:39.81	23,130	MCYC18
648	532	Pascal Jansen	LISSERBROEK	MBAS	309	02:40:15	02:18:37	04:58:52	02:41:59.40	02:18:44.88	05:00:44.27	23,088	MBAS18
649	573	Erik Kolset	BERGEN	MBAS	310	02:47:13	02:11:35	04:58:48	02:49:14.05	02:11:34.92	05:00:48.96	23,093	MBAS50
650	1150	Jeroen Kuiper	ALKMAAR	MCYC	141	02:37:41	02:23:02	05:00:43	02:37:48.80	02:23:01.98	05:00:50.77	22,945	MCYC18
651	946	Johan de Bie	HEEMSKERK	MCYC	142	02:41:05	02:18:17	04:59:21	02:42:37.56	02:18:17.50	05:00:55.05	23,051	MCYC18
652	1268	Joop Sinnige	CASTRICUM	MCYC	143	02:39:19	02:19:34	04:58:53	02:41:22.65	02:19:34.00	05:00:56.65	23,087	MCYC50
653	689	Taco Riet	LIMMEN	MBAS	311	02:45:56	02:10:59	04:56:54	02:47:44.75	02:13:18.99	05:01:03.73	23,241	MBAS50
654	614	Jan Liefing	CASTRICUM	MBAS	312	02:44:34	02:10:58	04:55:31	02:46:23.10	02:14:41.32	05:01:04.41	23,350	MBAS50
655	419	Chris Derriks	CASTRICUM	MBAS	313	02:40:59	02:19:35	05:00:34	02:41:23.13	02:19:41.73	05:01:04.85	22,957	MBAS60
656	668	Sjon Peeters	CASTRICUM	MBAS	314	02:46:02	02:11:00	04:57:02	02:47:49.47	02:13:17.68	05:01:07.14	23,230	MBAS50
657	934	Ewout Bakker	HEILOO	MCYC	144	02:34:28	02:25:23	04:59:51	02:35:45.33	02:25:22.22	05:01:07.54	23,013	MCYC50
658	1204	Rob van den Oever	RIJNSBURG	MCYC	145	02:46:02	02:12:25	04:58:27	02:48:44.62	02:12:27.97	05:01:12.59	23,121	MCYC50
659	561	Patrick Kingma	CASTRICUM	MBAS	315	02:46:01	02:11:05	04:57:06	02:47:48.16	02:13:24.89	05:01:13.05	23,226	MBAS18
660	218	John van de Water	ANNA PAULOWNA	MLIC	166	02:43:08	02:14:34	04:57:41	02:46:44.95	02:14:40.41	05:01:25.35	23,180	MLIC18
661	543	Rik Joor	DEN HELDER	MBAS	316	02:43:25	02:14:29	04:57:53	02:46:46.32	02:14:40.35	05:01:26.67	23,164	MBAS50
662	726	Perry Smits	HOORN NH	MBAS	317	02:40:02	02:20:12	05:00:14	02:41:21.81	02:20:11.63	05:01:33.43	22,983	MBAS50
663	1279	Maarten Souverijn	RIJNSBURG	MCYC	146	02:46:04	02:12:56	04:59:00	02:48:46.10	02:12:55.78	05:01:41.88	23,077	MCYC50
664	512	Aart Hondius	ALKMAAR	MBAS	318	02:47:50	02:13:14	05:01:04	02:48:34.61	02:13:14.00	05:01:48.61	22,919	MBAS50
665	774	Martien Verbeek	DE LIER	MBAS	319	02:40:32	02:20:03	05:00:34	02:41:34.75	02:20:14.45	05:01:49.20	22,957	MBAS50
666	555	Frank Kenter	URSEM	MBAS	320	02:39:28	02:20:47	05:00:14	02:40:59.84	02:20:49.72	05:01:49.56	22,982	MBAS18
667	485	Marco Groot	AVENHORN	MBAS	321	02:39:27	02:20:47	05:00:13	02:41:01.27	02:20:50.00	05:01:51.26	22,984	MBAS18
668	732	Marcel van Splunter	URSEM	MBAS	322	02:39:33	02:20:48	05:00:21	02:41:02.43	02:20:49.98	05:01:52.40	22,974	MBAS18
669	473	George A Groeliker	GROET	MBAS	323	02:47:55	02:13:14	05:01:09	02:48:38.91	02:13:13.80	05:01:52.71	22,913	MBAS50
670	104	Cor de Groot	MIDDENBEEEMSTER	MLIC	167	02:34:31	02:27:14	05:01:44	02:34:51.17	02:27:13.69	05:02:04.86	22,868	MLIC50
671	1234	Maurice De Roode	ROZENBURG	MCYC	147	02:40:55	02:19:18	05:00:12	02:42:32.21	02:19:33.86	05:02:06.07	22,985	MCYC18
672	992	Jeroen Dam	WIERINGERWERF	MCYC	148	02:44:22	02:17:26	05:01:47	02:45:06.86	02:17:28.14	05:02:34.99	22,864	MCYC18
673	1198	Jack Noest	ROELOFARENDVSVEEN	MCYC	149	02:38:32	02:23:40	05:02:11	02:38:46.29	02:23:52.74	05:02:39.02	22,834	MCYC18
674	214	Trudo Vreenegoor	BERGSCHENHOEK	MLIC	168	02:45:37	02:16:38	05:02:14	02:46:01.21	02:16:48.30	05:02:49.51	22,831	MLIC18

675	594	Nicolai Krom	NAALDWIJK	MBAS	324	02:39:19	02:22:39	05:01:58	02:40:16.95	02:22:40.35	05:02:57.29	22,851	MBAS18
676	676	Jeroen Piket	HOUTEN	MBAS	325	02:45:50	02:12:50	04:58:40	02:47:58.74	02:15:03.69	05:03:02.43	23,104	MBAS50
677	1317	Soren Vad	SKANDERBORG (DK)	MCYC	150	02:46:36	02:14:08	05:00:43	02:48:58.06	02:14:10.30	05:03:08.36	22,945	MCYC50
678	1212	Ron Peereboom	HEEMSKERK	MCYC	151	02:46:56	02:14:28	05:01:23	02:48:49.34	02:14:27.10	05:03:16.43	22,895	MCYC50
679	581	Oscar Koopmans	ASSEDELFT	MBAS	326	02:40:35	02:21:33	05:02:07	02:41:31.68	02:21:45.04	05:03:16.71	22,839	MBAS18
680	664	Gerard Overtoom	HEERHUGOWAARD	MBAS	327	02:48:20	02:14:40	05:03:00	02:48:51.69	02:14:43.85	05:03:35.54	22,773	MBAS60
681	79	Ritsaert Cluistra	HAARLEM	MLIC	169	02:17:01	02:46:55	05:03:55	02:17:25.29	02:46:56.64	05:04:21.93	22,704	MLIC18
682	1049	Marcel Gouda	EGMOND AAN ZEE	MCYC	152	02:42:50	02:20:34	05:03:23	02:43:42.47	02:20:44.30	05:04:26.76	22,744	MCYC18
683	64	Florian Bont	HAARLEM	MLIC	170	02:17:06	02:46:56	05:04:02	02:17:31.01	02:46:57.35	05:04:28.36	22,696	MLIC18
684	637	Pim Michel	LEIDSCHENDAM	MBAS	328	02:42:47	02:19:11	05:01:58	02:45:20.82	02:19:12.72	05:04:33.53	22,851	MBAS18
685	556	Iwan Kerklaan	DE LIER	MBAS	329	02:40:34	02:23:33	05:04:07	02:40:47.35	02:23:46.90	05:04:34.24	22,690	MBAS40
686	739	Wouter Steenks	DE LIER	MBAS	330	02:32:59	02:30:37	05:03:36	02:33:59.58	02:30:40.10	05:04:39.68	22,728	MBAS40
687	1436	Ricky Stolk	LISSE	VBAS	15	02:47:11	02:17:29	05:04:39	02:47:14.67	02:17:28.18	05:04:42.84	22,650	VBAS50
688	435	Ruud Duinmeijer	SCHOORL	MBAS	331	02:47:38	02:15:33	05:03:11	02:49:19.97	02:15:32.90	05:04:52.86	22,759	MBAS50
689	1070	Mike Hatzmann	DEN HELDER	MCYC	153	02:44:09	02:16:46	05:00:55	02:44:56.41	02:20:02.96	05:04:59.37	22,931	MCYC50
690	1359	Wesley Wagner	ALKMAAR	MCYC	154	02:54:08	02:08:38	05:02:45	02:56:26.65	02:08:37.36	05:05:04.00	22,792	MCYC18
691	973	Wil Brakenhoff	HEEMSKERK	MCYC	155	02:47:37	02:16:13	05:03:49	02:48:52.48	02:16:15.88	05:05:08.36	22,712	MCYC60
692	572	Bouke Kok	DEN HELDER	MBAS	332	02:33:15	02:29:37	05:02:52	02:35:30.18	02:29:39.90	05:05:10.08	22,783	MBAS50
693	1298	Martijn Straver	OUDEWETERING	MCYC	156	02:44:49	02:20:04	05:04:52	02:45:08.28	02:20:05.55	05:05:13.83	22,634	MCYC18
694	507	Ron Hoek	CASTRICUM	MBAS	333	02:47:15	02:16:37	05:03:51	02:48:36.12	02:16:37.77	05:05:13.89	22,709	MBAS50
695	830	Dennis van Wonderen	AMSTERDAM	MBAS	334	02:47:02	02:17:40	05:04:42	02:47:53.69	02:17:44.32	05:05:38.00	22,646	MBAS18
696	999	Mark Deckers	HEERHUGOWAARD	MCYC	157	02:45:56	02:17:41	05:03:37	02:47:57.43	02:17:40.92	05:05:38.35	22,727	MCYC18
697	1443	Tamara Kruijsheer	SCHOORL	VBAS	16	02:46:10	02:19:26	05:05:36	02:46:14.13	02:19:25.29	05:05:39.41	22,580	VBAS18
698	385	Mar Bouvet	NOORDWIJK	MBAS	335	02:41:33	02:22:02	05:03:35	02:44:16.30	02:22:03.43	05:06:19.72	22,730	MBAS18
699	436	John Duinmeijer	GROET	MBAS	336	02:47:59	02:16:45	05:04:43	02:49:42.33	02:16:47.04	05:06:29.36	22,644	MBAS50
700	1079	Dries Hillewaere	OOSTKAMP	MCYC	158	02:43:39	02:20:22	05:04:01	02:46:10.42	02:20:23.50	05:06:33.92	22,697	MCYC18
701	819	John Wijnker	LIMMEN	MBAS	337	02:48:03	02:17:59	05:06:02	02:48:53.29	02:17:58.97	05:06:52.25	22,547	MBAS50
702	625	Rop Marinus	HEILOO	MBAS	338	02:48:18	02:17:57	05:06:14	02:48:54.65	02:18:15.57	05:07:10.22	22,532	MBAS50
703	1437	Cindy Wiersema	SCHOORL	VBAS	17	02:49:53	02:17:10	05:07:03	02:50:09.32	02:17:11.00	05:07:20.31	22,473	VBAS18
704	1084	Marcel Hogenboom	OUDE WETERING	MCYC	159	02:44:49	02:22:12	05:07:01	02:45:04.93	02:22:16.87	05:07:21.80	22,475	MCYC18
705	902	Arjan Kos	JULIANADORP	MCYC	160	02:44:39	02:22:37	05:07:16	02:44:44.87	02:22:39.56	05:07:24.43	22,456	MCYC50
706	903	Mark Kos	DEN HELDER	MCYC	161	02:44:38	02:22:44	05:07:21	02:44:41.15	02:22:43.33	05:07:24.48	22,450	MCYC18
707	515	Carl Hoogervorst	NOORDWIJK	MBAS	339	02:38:54	02:26:15	05:05:08	02:41:13.36	02:26:14.18	05:07:27.54	22,614	MBAS18
708	1205	Marco Oud	DEN HELDER	MCYC	162	02:44:46	02:22:40	05:07:26	02:44:52.32	02:22:40.87	05:07:33.18	22,444	MCYC18
709	717	Marco Simonatti	HAARLEM	MBAS	340	02:47:45	02:19:24	05:07:09	02:48:01.85	02:19:33.15	05:07:35.00	22,466	MBAS18
710	1120	Jos van der Knaap	SCHIPLUIDEN	MCYC	163	02:46:15	02:18:56	05:05:10	02:48:43.93	02:18:55.27	05:07:39.19	22,611	MCYC60
711	467	Antoine Glasius	WARMENHUIZEN	MBAS	341	02:44:24	02:15:17	04:59:41	02:44:56.34	02:22:44.84	05:07:41.18	23,025	MBAS18
712	901	Philip Kos	DEN HELDER	MCYC	164	02:45:05	02:22:40	05:07:45	02:45:09.30	02:22:39.44	05:07:48.74	22,422	MCYC60

713	544	Martin Josselet	HEEMSKERK	MBAS	342	02:32:30	02:34:21	05:06:51	02:33:53.80	02:34:20.93	05:08:14.73	22,487	MBAS18
714	1374	Lars de Zeeuw	HEILOO	MCYC	165	02:43:46	02:22:04	05:05:49	02:46:26.96	02:22:03.13	05:08:30.09	22,563	MCYC50
715	378	Bart Boersma	SCHOORL	MBAS	343	02:45:50	02:20:49	05:06:39	02:47:55.23	02:20:48.82	05:08:44.05	22,502	MBAS50
716	1112	Theo Keesman	DEN HELDER	MCYC	166	02:40:39	02:26:18	05:06:56	02:42:40.32	02:26:21.28	05:09:01.59	22,481	MCYC50
717	96	Janwillem Fidder	DRIEHUIS	MLIC	171	02:51:43	02:16:45	05:08:28	02:52:13.50	02:16:52.60	05:09:06.10	22,370	MLIC18
718	672	Wouter Peters	MOORDRECHT	MBAS	344	02:45:03	02:23:01	05:08:04	02:46:14.69	02:23:00.58	05:09:15.27	22,399	MBAS40
719	332	Richard Advocaat	GOUDA	MBAS	345	02:45:03	02:23:01	05:08:03	02:46:16.29	02:23:00.46	05:09:16.75	22,400	MBAS18
720	829	Bart Wolkenfelt	RENKUM	MBAS	346	02:46:34	02:21:09	05:07:42	02:48:19.83	02:21:14.07	05:09:33.90	22,425	MBAS18
721	503	Kees Grundeken	WASSENAAR	MBAS	347	02:47:20	02:19:56	05:07:15	02:49:30.61	02:20:13.75	05:09:44.35	22,458	MBAS50
722	783	Frans Versterre	HEILOO	MBAS	348	02:53:21	02:15:45	05:09:06	02:54:05.38	02:15:44.99	05:09:50.36	22,323	MBAS50
723	653	Philip van Noort	AMSTERDAM	MBAS	349	02:38:29	02:29:52	05:08:20	02:39:55.63	02:30:01.54	05:09:57.17	22,379	MBAS18
724	1493	Miek Vyncke	BRUGGE	VCYC	7	02:49:53	02:20:22	05:10:14	02:50:03.62	02:20:23.40	05:10:27.01	22,242	VCYC18
725	1215	Teun van der Plas	RIJNSBURG	MCYC	167	02:45:47	02:22:04	05:07:51	02:48:35.03	02:22:04.53	05:10:39.56	22,414	MCYC18
726	1113	Edwin Kerklaan	CASTRICUM	MCYC	168	02:41:52	02:24:36	05:06:27	02:42:26.77	02:28:13.20	05:10:39.97	22,516	MCYC18
727	1341	Marc Vermorken	CASTRICUM	MCYC	169	02:37:15	02:24:33	05:01:48	02:37:45.78	02:32:54.38	05:10:40.15	22,864	MCYC18
728	1057	Rene Groot	LIMMEN	MCYC	170	02:41:55	02:24:38	05:06:32	02:42:23.93	02:28:16.30	05:10:40.22	22,510	MCYC18
729	1227	Jeroen Rijk	BEVERWIJK	MCYC	171	02:42:04	02:24:38	05:06:42	02:42:38.32	02:28:05.06	05:10:43.38	22,499	MCYC18
730	1260	Bart Schoorl	LIMMEN	MCYC	172	02:41:58	02:24:38	05:06:36	02:42:36.04	02:28:08.78	05:10:44.82	22,506	MCYC18
731	1008	Frederik Desloovere	SIJSELE	MCYC	173	02:42:22	02:25:41	05:08:02	02:45:09.84	02:25:42.28	05:10:52.12	22,400	MCYC18
732	705	Marco Schilder	HEILOO	MBAS	350	02:43:53	02:26:23	05:10:15	02:44:31.31	02:26:30.64	05:11:01.94	22,241	MBAS50
733	398	Erik Brouwer	ALMERE	MBAS	351	02:48:21	02:21:25	05:09:46	02:49:42.25	02:21:24.91	05:11:07.16	22,276	MBAS18
734	1013	Hans Dijkhuizen	KATWIJK	MCYC	174	02:46:41	02:21:56	05:08:36	02:49:07.07	02:22:10.84	05:11:17.91	22,359	MCYC18
735	852	Jorik van Hof	VOORBURG	MBAS	352	02:50:38	02:19:06	05:09:43	02:52:15.75	02:19:09.10	05:11:24.84	22,279	MBAS18
736	942	Mike Smink	BARNEVELD	MCYC	175	02:48:38	02:21:31	05:10:09	02:50:00.66	02:21:34.10	05:11:34.75	22,248	MCYC18
737	701	Erik Ruiten	ALMERE	MBAS	353	02:48:45	02:21:31	05:10:15	02:50:03.95	02:21:32.50	05:11:36.45	22,241	MBAS18
738	815	Roman Wiersema	SCHOORL	MBAS	354	02:52:43	02:17:11	05:09:53	02:54:55.88	02:17:10.92	05:12:06.80	22,267	MBAS18
739	1415	Juul Hubert	DEN HAAG	VLIC	15	02:50:12	02:21:57	05:12:08	02:50:11.47	02:22:09.12	05:12:20.58	22,106	VLIC18
740	985	Aad van der Burg	HEERHUGOWAARD	MCYC	176	02:43:34	02:26:01	05:09:35	02:46:21.40	02:26:00.90	05:12:22.29	22,289	MCYC50
741	583	Maarten Koorn	DEN HAAG	MBAS	355	02:55:45	02:16:47	05:12:32	02:56:00.09	02:16:46.42	05:12:46.51	22,079	MBAS50
742	710	GertJaap Schoppink	HEILOO	MBAS	356	02:49:25	02:22:51	05:12:15	02:49:57.86	02:22:50.09	05:12:47.94	22,098	MBAS50
743	1267	Bert Sikken	BARNEVELD	MCYC	177	02:50:04	02:21:28	05:11:31	02:51:19.95	02:21:32.77	05:12:52.72	22,151	MCYC18
744	1127	Sander Van der Kolk	HEEMSKERK	MCYC	178	02:44:34	02:25:53	05:10:26	02:47:09.37	02:25:52.23	05:13:01.60	22,228	MCYC50
745	746	André Stormbroek	MOORDRECHT	MBAS	357	02:41:56	02:30:50	05:12:46	02:42:13.64	02:30:57.91	05:13:11.54	22,062	MBAS50
746	1452	Janneke de Wit	ALKMAAR	VBAS	18	02:50:16	02:23:00	05:13:15	02:50:21.02	02:23:02.12	05:13:23.13	22,027	VBAS18
747	780	Hans Verhoef	KOEDIJK	MBAS	358	02:51:55	02:21:05	05:13:00	02:52:34.27	02:21:08.25	05:13:42.52	22,045	MBAS50
748	950	Marco Bijl	BROUWERSHAVEN	MCYC	179	02:45:10	02:27:55	05:13:04	02:46:17.61	02:28:01.65	05:14:19.25	22,040	MCYC50
749	370	Frank Biersteker	AMSTERDAM	MBAS	359	02:54:33	02:18:16	05:12:49	02:56:03.94	02:18:15.33	05:14:19.26	22,059	MBAS18
750	976	hein brandsma	FERWERT	MCYC	180	02:47:22	02:24:34	05:11:56	02:49:48.10	02:24:40.62	05:14:28.72	22,121	MCYC50

751	1386	Niels Beckers	LEUSDEN	MCYC	181	02:40:42	02:24:40	05:05:22	02:43:08.13	02:31:34.19	05:14:42.31	22,597	MCYC50
752	799	Rene Hes	LIMMEN	MBAS	360	02:43:59	02:27:55	05:11:54	02:46:43.54	02:28:00.67	05:14:44.20	22,124	MBAS18
753	1383	Daan Vlietland	GOEDEREDEE	MCYC	182	02:42:37	02:29:47	05:12:23	02:45:12.35	02:30:02.10	05:15:14.45	22,088	MCYC18
754	533	Ricardo Jansen	HONSELERSDIJK	MBAS	361	02:36:36	02:37:49	05:14:25	02:37:39.18	02:37:58.45	05:15:37.62	21,946	MBAS18
755	1004	Tino Dekker	HEILOO	MCYC	183	02:47:56	02:26:47	05:14:43	02:48:57.74	02:26:47.29	05:15:45.02	21,925	MCYC50
756	1168	Dan Mahieu	DEN HELDER	MCYC	184	02:49:38	02:25:37	05:15:15	02:50:04.58	02:25:40.94	05:15:45.52	21,888	MCYC50
757	639	Matthieu Moerman	LEIDEN	MBAS	362	02:47:47	02:26:55	05:14:42	02:48:41.52	02:27:09.47	05:15:50.99	21,926	MBAS18
758	1039	Arno Floore	WORMER	MCYC	185	02:45:12	02:28:03	05:13:14	02:48:01.50	02:28:04.35	05:16:05.85	22,028	MCYC50
759	1442	Dagmar Krijnen	SPANBROEK	VBAS	19	02:46:15	02:30:03	05:16:17	02:46:16.44	02:30:02.66	05:16:19.09	21,816	VBAS18
760	708	Jan Schoemaker	UITGEEST	MBAS	363	02:39:25	02:35:46	05:15:10	02:40:35.37	02:35:47.23	05:16:22.59	21,894	MBAS50
761	354	John van Beek	HOUTEN	MBAS	364	02:39:48	02:26:31	05:06:19	02:41:59.00	02:34:41.32	05:16:40.31	22,527	MBAS50
762	1464	Astrid Borst	HEEMSKERK	VCYC	8	02:50:59	02:25:52	05:16:50	02:51:04.26	02:25:51.39	05:16:55.65	21,778	VCYC50
763	669	Michel Peeters	LEIDERDORP	MBAS	365	02:55:51	02:20:48	05:16:39	02:56:41.34	02:20:54.57	05:17:35.91	21,791	MBAS18
764	1206	bart van den outenaar	ASSEDELFT	MCYC	186	02:56:03	02:20:34	05:16:37	02:57:04.09	02:20:33.48	05:17:37.57	21,794	MCYC60
765	1462	Natasja Beek	EGMOND AAN DEN HOEF	VCYC	9	02:48:37	02:24:52	05:13:29	02:48:47.92	02:29:04.07	05:17:51.99	22,011	VCYC18
766	1477	Danielle Krijgsman	RHENEN	VCYC	10	02:50:49	02:26:57	05:17:45	02:50:51.65	02:27:10.74	05:18:02.39	21,715	VCYC18
767	409	Paul Coebergh	HEILOO	MBAS	366	02:41:00	02:35:02	05:16:02	02:42:46.45	02:35:18.04	05:18:04.48	21,834	MBAS50
768	1148	Wolfgang Kröger	VREDEN (D)	MCYC	187	02:56:33	02:21:09	05:17:41	02:57:19.23	02:21:08.76	05:18:27.98	21,720	MCYC60
769	1380	Mart Zwaan	EGMOND AAN ZEE	MCYC	188	02:45:43	02:32:01	05:17:43	02:46:31.37	02:32:00.15	05:18:31.51	21,718	MCYC60
770	1254	Jur Schilder	LIMMEN	MCYC	189	02:43:16	02:32:40	05:15:55	02:43:52.13	02:34:50.51	05:18:42.63	21,841	MCYC18
771	489	Ton van Haastregt	HILLEGOM	MBAS	367	02:43:59	02:33:47	05:17:46	02:45:11.06	02:33:51.39	05:19:02.44	21,715	MBAS18
772	670	Bas Peperkoorn	HAARLEM	MBAS	368	03:07:24	02:10:59	05:18:23	03:08:01.11	02:11:01.38	05:19:02.48	21,673	MBAS18
773	1350	GM Van Vliet	WOERDEN	MCYC	190	02:44:44	02:32:46	05:17:29	02:46:24.57	02:32:50.97	05:19:15.54	21,734	MCYC18
774	381	Charles Bornebroek	HEERHUGOWAARD	MBAS	369	02:43:51	02:34:48	05:18:39	02:44:27.51	02:34:58.83	05:19:26.34	21,655	MBAS50
775	500	Maurits van der Heijde	ONSTWEDDE	MBAS	370	03:05:39	02:12:34	05:18:13	03:07:26.95	02:12:33.97	05:20:00.92	21,683	MBAS50
776	1230	Frank Rijs	LIMMEN	MCYC	191	02:49:15	02:28:00	05:17:14	02:52:11.60	02:28:04.27	05:20:15.86	21,751	MCYC18
777	453	Klaas Friskus	DEN HELDER	MBAS	371	02:48:24	02:28:20	05:16:44	02:52:07.45	02:28:19.42	05:20:26.87	21,786	MBAS50
778	977	eric van bree	KROMMENIE	MCYC	192	02:46:24	02:31:52	05:18:15	02:49:23.90	02:31:56.92	05:21:20.81	21,681	MCYC50
779	775	Pieter Verbeek	NAALDWIJK	MBAS	372	02:48:47	02:32:32	05:21:19	02:49:08.56	02:32:40.12	05:21:48.68	21,475	MBAS50
780	1240	Martin Ruijngaart	CALLANTSOOG	MCYC	193	02:54:34	02:25:11	05:19:44	02:56:43.89	02:25:17.00	05:22:00.88	21,581	MCYC50
781	1291	Walter Stellingwerf	SOESTERBERG	MCYC	194	02:50:45	02:29:23	05:20:07	02:52:50.61	02:29:29.74	05:22:20.35	21,555	MCYC50
782	375	Jacob Blokker	HEERHUGOWAARD	MBAS	373	02:53:59	02:26:04	05:20:02	02:54:57.33	02:27:31.98	05:22:29.31	21,561	MBAS50
783	817	Harry van Wijk	HOUTEN	MBAS	374	02:53:58	02:26:30	05:20:27	02:56:04.47	02:26:37.56	05:22:42.03	21,533	MBAS60
784	59	Roy van Betuw	DEN HELDER	MLIC	172	03:07:04	02:15:54	05:22:58	03:07:10.80	02:15:54.73	05:23:05.53	21,365	MLIC50
785	1063	Wouter Haak	CASTRICUM	MCYC	195	02:46:57	02:34:18	05:21:15	02:49:03.71	02:34:17.76	05:23:21.47	21,480	MCYC50
786	379	Wilbert Boon	LIMMEN	MBAS	375	02:47:45	02:35:00	05:22:44	02:48:56.68	02:35:01.88	05:23:58.55	21,381	MBAS50
787	633	Johan Meijndert	HEERJANS DAM	MBAS	376	02:55:03	02:27:58	05:23:00	02:56:09.34	02:27:57.52	05:24:06.85	21,362	MBAS18

788	476	Pjotr Groenberg	EETHEN	MBAS	377	02:54:25	02:27:20	05:21:45	02:56:47.32	02:27:19.95	05:24:07.27	21,446	MBAS18
789	487	Albert Haan	DEN HELDER	MBAS	378	02:44:02	02:36:05	05:20:07	02:44:54.69	02:39:22.15	05:24:16.84	21,555	MBAS50
790	618	Jan Louter	HILLEGOM	MBAS	379	02:51:47	02:31:46	05:23:33	02:52:29.30	02:31:51.15	05:24:20.45	21,327	MBAS60
791	814	Rene Wienholts	EDE	MBAS	380	02:52:52	02:29:35	05:22:26	02:54:40.41	02:29:43.24	05:24:23.65	21,400	MBAS50
792	849	Wouter Groot	GROET	MBAS	381	02:44:34	02:38:52	05:23:26	02:45:34.79	02:38:51.80	05:24:26.59	21,335	MBAS18
793	336	Geert Alkema	ALKMAAR	MBAS	382	02:54:31	02:29:37	05:24:08	02:55:03.71	02:29:36.40	05:24:40.10	21,288	MBAS18
794	1165	Wilfred Van Luijk	GRAVENZANDE	MCYC	196	02:48:34	02:36:10	05:24:44	02:48:54.77	02:36:10.74	05:25:05.50	21,249	MCYC50
795	1489	Lizzy Verdonk	EGMOND AAN ZEE	VCYC	11	02:50:48	02:32:09	05:22:56	02:50:55.36	02:34:15.17	05:25:10.53	21,367	VCYC18
796	1356	Gert de Vries	KORTENHOEF	MCYC	197	02:55:13	02:29:22	05:24:35	02:56:09.22	02:29:21.82	05:25:31.04	21,259	MCYC60
797	1166	Ron Lute	LIMMEN	MCYC	198	02:52:27	02:32:39	05:25:05	02:53:02.14	02:32:39.83	05:25:41.97	21,226	MCYC18
798	1283	Joeri Stadeus	MALDEGEM	MCYC	199	02:56:08	02:28:57	05:25:04	02:56:50.17	02:28:56.07	05:25:46.24	21,227	MCYC18
799	714	Jan Schut	ALKMAAR	MBAS	383	02:55:53	02:29:33	05:25:25	02:56:26.32	02:29:32.15	05:25:58.46	21,204	MBAS60
800	1034	Wil van 't Erve	WIJK BIJ DUURSTED	MCYC	200	02:43:36	02:40:28	05:24:03	02:46:33.21	02:40:33.25	05:27:06.46	21,293	MCYC60
801	349	Kevin Bank	WORMER	MBAS	384	02:53:39	02:31:19	05:24:58	02:55:45.80	02:31:23.65	05:27:09.45	21,234	MBAS18
802	1162	Steef Liefing	EGMOND BINNEN	MCYC	201	02:57:22	02:27:45	05:25:06	02:59:18.21	02:28:02.91	05:27:21.12	21,225	MCYC18
803	1094	Arjan Hopman	EGMOND BINNEN	MCYC	202	02:56:58	02:27:42	05:24:39	02:59:26.97	02:28:02.85	05:27:29.81	21,255	MCYC18
804	1339	Walter Verhoogt	EGMOND-BINNEN	MCYC	203	02:56:47	02:28:27	05:25:14	02:59:00.31	02:28:44.09	05:27:44.39	21,216	MCYC18
805	1193	Ronald nieuwland	EGMOND BINNEN	MCYC	204	02:56:56	02:28:13	05:25:09	02:59:28.45	02:28:32.43	05:28:00.87	21,222	MCYC18
806	1265	Jeroen Schutte	DEN HELDER	MCYC	205	02:51:34	02:36:01	05:27:35	02:52:27.81	02:36:04.38	05:28:32.19	21,064	MCYC18
807	547	Henk Kalkman	MAASSLUIS	MBAS	385	03:07:01	02:19:09	05:26:09	03:09:21.98	02:19:16.50	05:28:38.48	21,156	MBAS60
808	762	Tim van Dam	PETTEN	MBAS	386	02:49:43	02:36:10	05:25:52	02:51:23.30	02:37:39.22	05:29:02.52	21,175	MBAS18
809	1076	Dick Hendrikse	JULIANADORP	MCYC	206	02:57:08	02:29:54	05:27:01	02:59:39.61	02:29:53.82	05:29:33.43	21,100	MCYC18
810	1235	Hans Rooker	HEILOO	MCYC	207	02:43:13	02:32:24	05:15:37	02:45:11.72	02:44:23.06	05:29:34.77	21,863	MCYC50
811	1095	Jan Hopman	HEILOO	MCYC	208	02:36:49	02:32:30	05:09:19	02:38:21.76	02:51:17.42	05:29:39.17	22,308	MCYC50
812	1061	Jeroen Groot	EGMOND AAN DEN HOEF	MCYC	209	02:47:29	02:32:32	05:20:01	02:49:02.36	02:40:38.14	05:29:40.49	21,562	MCYC50
813	1382	Mark Zwart	EGMOND AAN DE HOEF	MCYC	210	02:36:59	02:32:29	05:09:28	02:38:28.93	02:51:13.81	05:29:42.73	22,297	MCYC50
814	1191	Ron Nederstigt	JULIANADORP	MCYC	211	02:56:36	02:31:14	05:27:50	02:59:26.21	02:31:14.34	05:30:40.55	21,048	MCYC18
815	1053	Marc van der Gragt	HEERHUGOWAARD	MCYC	212	02:55:17	02:33:10	05:28:26	02:57:46.45	02:33:09.43	05:30:55.88	21,009	MCYC50
816	454	Jan Gaal	HEEMSKERK	MBAS	387	02:52:54	02:30:32	05:23:26	02:53:50.39	02:37:35.38	05:31:25.77	21,334	MBAS50
817	363	Alex van de Berg	UITGEEST	MBAS	388	02:53:05	02:30:36	05:23:41	02:54:01.90	02:37:23.92	05:31:25.82	21,318	MBAS18
818	1093	Mark Hopman	EGMOND BINNEN	MCYC	213	02:56:42	02:32:16	05:28:57	02:59:10.23	02:32:31.96	05:31:42.18	20,977	MCYC18
819	524	Richard IJsselstein	HEILOO	MBAS	389	02:53:09	02:36:43	05:29:51	02:54:59.50	02:36:43.07	05:31:42.57	20,919	MBAS18
820	1098	Jan Houtenbos	EGMOND BINNEN	MCYC	214	02:56:53	02:32:09	05:29:01	02:59:08.72	02:32:33.97	05:31:42.68	20,972	MCYC50
821	1106	Daniel Jaspers	SCHOORL	MCYC	215	02:57:35	02:31:22	05:28:56	03:00:18.57	02:31:25.32	05:31:43.88	20,977	MCYC50
822	405	Joey Burger	DEN HELDER	MBAS	390	02:52:40	02:35:32	05:28:11	02:56:15.87	02:35:32.44	05:31:48.30	21,025	MBAS18
823	1301	Sjaak Swart	EGMOND-BINNEN	MCYC	216	02:56:45	02:32:17	05:29:02	02:59:17.61	02:32:32.21	05:31:49.81	20,971	MCYC60
824	374	Robin Bleeker	VOORHOUT	MBAS	391	02:53:59	02:35:27	05:29:25	02:56:19.46	02:35:33.06	05:31:52.51	20,946	MBAS18
825	935	Cor Baltus	EGMOND-BINNEN	MCYC	217	02:57:01	02:32:10	05:29:10	02:59:33.05	02:32:34.29	05:32:07.34	20,963	MCYC18

826	781	Bernd Vermeulen	ZOETERMEER	MBAS	392	02:55:02	02:35:54	05:30:55	02:56:21.04	02:35:53.11	05:32:14.14	20,851	MBAS50
827	474	Dennis Groen	SCHAGEN	MBAS	393	02:51:12	02:39:40	05:30:52	02:52:47.03	02:39:40.40	05:32:27.42	20,855	MBAS18
828	1167	Imre Lörinc	UITGEEST	MCYC	218	03:01:19	02:29:24	05:30:42	03:03:06.78	02:29:23.14	05:32:29.92	20,865	MCYC50
829	1014	Mark Dobbe	JULIANADORP	MCYC	219	02:57:21	02:33:04	05:30:25	02:59:34.60	02:33:14.55	05:32:49.15	20,884	MCYC18
830	836	Sjoerd Zomerdijk	LIMMEN	MBAS	394	02:55:19	02:37:50	05:33:09	02:56:09.81	02:37:51.09	05:34:00.90	20,712	MBAS18
831	566	Joost van der Klugt	SINT MAARTENSBRUG	MBAS	395	02:46:39	02:46:15	05:32:53	02:48:29.93	02:46:14.48	05:34:44.41	20,728	MBAS18
832	678	Jasper Pliester	HEERHUGOWAARD	MBAS	396	02:46:42	02:46:11	05:32:53	02:48:33.06	02:46:11.90	05:34:44.95	20,729	MBAS18
833	920	Jeroen van Aken	HEILOO	MCYC	220	02:55:58	02:38:56	05:34:54	02:56:38.51	02:38:57.87	05:35:36.37	20,603	MCYC50
834	1362	René Wagter	HEILOO	MCYC	221	02:56:17	02:38:58	05:35:14	02:56:47.16	02:38:57.06	05:35:44.22	20,583	MCYC50
835	229	Arjan Vogel	DEN HAAG	MLIC	173	03:00:33	02:32:40	05:33:12	03:00:57.17	02:35:12.00	05:36:09.17	20,708	MLIC60
836	918	Rob Admiraal	HEILOO	MCYC	222	02:58:37	02:37:07	05:35:44	02:59:46.24	02:37:13.25	05:36:59.49	20,553	MCYC18
837	787	Theo Visser	HAUWERT	MBAS	397	02:52:27	02:43:54	05:36:21	02:53:06.17	02:43:56.84	05:37:03.01	20,515	MBAS60
838	1288	Jeroen Steenhoek	ALKMAAR	MCYC	223	02:58:41	02:37:09	05:35:50	02:59:52.70	02:37:13.53	05:37:06.23	20,546	MCYC18
839	613	Dave de Liefde	ALKMAAR	MBAS	398	02:54:44	02:41:13	05:35:57	02:55:56.39	02:41:18.14	05:37:14.53	20,539	MBAS18
840	1136	Jorgo Kossen	UITGEEST	MCYC	224	02:59:22	02:37:29	05:36:50	03:00:10.88	02:37:35.20	05:37:46.07	20,485	MCYC18
841	694	Thijs Rodenburg	UITGEEST	MBAS	399	02:59:56	02:37:24	05:37:19	03:00:40.14	02:37:35.23	05:38:15.37	20,456	MBAS18
842	735	Eric Staats	HOORN	MBAS	400	03:07:50	02:30:17	05:38:06	03:08:44.16	02:30:22.38	05:39:06.53	20,409	MBAS18
843	687	Michiel Rem	SCHOONHOVEN	MBAS	401	03:06:12	02:27:39	05:33:50	03:07:29.39	02:31:46.42	05:39:15.81	20,669	MBAS18
844	538	Joop de Jong	PURMEREND	MBAS	402	02:56:18	02:43:01	05:39:18	02:56:42.73	02:43:01.03	05:39:43.76	20,337	MBAS50
845	1022	Wim Dries	EINDHOVEN	MCYC	225	02:57:20	02:40:06	05:37:26	02:59:44.07	02:40:05.94	05:39:50.00	20,449	MCYC60
846	922	Erik Anbeek	HOOGLAND	MCYC	226	02:59:52	02:40:03	05:39:55	03:00:05.14	02:40:02.71	05:40:07.84	20,300	MCYC50
847	1467	Marieke Dechesne	BOULDER	VCYC	12	03:00:26	02:40:06	05:40:31	03:00:40.77	02:40:06.37	05:40:47.13	20,263	VCYC18
848	1264	Johan Schut	SINT PANCRAS	MCYC	227	02:57:47	02:41:17	05:39:03	02:59:43.13	02:41:16.56	05:40:59.68	20,351	MCYC50
849	526	Gerard van Jaarsveld	ZUTPHEN	MBAS	403	03:03:46	02:29:32	05:33:18	03:05:08.68	02:36:02.27	05:41:10.94	20,703	MBAS50
850	675	Jeffrey Pfaff	ALKMAAR	MBAS	404	03:04:42	02:34:40	05:39:21	03:06:40.29	02:34:41.12	05:41:21.41	20,333	MBAS18
851	1109	R. Jongerius	HEILOO	MCYC	228	03:07:20	02:32:23	05:39:43	03:09:19.28	02:32:25.30	05:41:44.58	20,312	MCYC50
852	1445	Marloes Pouw	ALKMAAR	VBAS	20	02:48:40	02:53:52	05:42:31	02:48:46.62	02:53:51.09	05:42:37.71	20,145	VBAS18
853	1033	Per Eriks	APELDOORN	MCYC	229	03:09:00	02:33:14	05:42:14	03:09:28.12	02:33:21.29	05:42:49.41	20,163	MCYC18
854	1450	Brigitta de Vries	HEILOO	VBAS	21	03:00:23	02:43:00	05:43:22	03:00:31.17	02:43:04.61	05:43:35.78	20,095	VBAS18
855	661	Rob Oudejans	ALKMAAR	MBAS	405	02:56:18	02:47:02	05:43:19	02:56:51.00	02:47:02.54	05:43:53.54	20,098	MBAS18
856	1434	Annemarie Limmen	SCHAGEN	VBAS	22	03:00:45	02:43:03	05:43:48	03:00:53.15	02:43:04.38	05:43:57.53	20,071	VBAS50
857	1475	Monique Koning - de Graaff	HEILOO	VCYC	13	03:00:40	02:43:02	05:43:41	03:00:53.51	02:43:04.47	05:43:57.97	20,077	VCYC18
858	529	Jochem de Jager	ALKMAAR	MBAS	406	02:55:19	02:47:45	05:43:03	02:56:25.88	02:47:44.27	05:44:10.15	20,114	MBAS18
859	845	Peter Zwemmer	HEILOO	MBAS	407	02:54:29	02:44:45	05:39:14	02:56:20.81	02:47:56.18	05:44:16.99	20,341	MBAS18
860	579	Matthijs Kooijman	HEILOO	MBAS	408	02:54:19	02:44:47	05:39:06	02:56:11.46	02:48:05.61	05:44:17.07	20,349	MBAS18
861	537	Alex de Jong	HEEMKERK	MBAS	409	03:01:55	02:41:39	05:43:34	03:04:03.33	02:41:38.61	05:45:41.94	20,084	MBAS50
862	338	Richard Ammerlaan	MONSTER	MBAS	410	03:04:51	02:38:55	05:43:45	03:06:48.16	02:38:56.77	05:45:44.93	20,073	MBAS50
863	406	Jan Busch	ALKMAAR	MBAS	411	03:06:10	02:38:31	05:44:41	03:06:54.77	02:38:51.72	05:45:46.49	20,019	MBAS50

864	1209	Eric Pattenier	ALKMAAR	MCYC	230	03:06:12	02:38:31	05:44:43	03:06:55.76	02:38:52.07	05:45:47.83	20,017	MCYC18
865	1364	Alex op de Weegh	HEILOO	MCYC	231	03:06:15	02:38:30	05:44:45	03:06:57.19	02:38:52.01	05:45:49.20	20,015	MCYC18
866	617	Peter Lodewijks	ALKMAAR	MBAS	412	03:06:17	02:38:28	05:44:44	03:06:59.82	02:38:51.84	05:45:51.66	20,016	MBAS50
867	508	Willem van den Hoek	SPIJKENISSE	MBAS	413	02:57:08	02:47:10	05:44:18	02:59:36.09	02:47:09.37	05:46:45.46	20,041	MBAS50
868	1040	Harry Franzen	NIEUW VENNEP	MCYC	232	03:05:26	02:41:10	05:46:35	03:05:48.44	02:41:11.82	05:47:00.26	19,909	MCYC18
869	1177	Peter Meerman	LIMMEN	MCYC	233	03:08:30	02:37:40	05:46:10	03:09:32.83	02:37:52.51	05:47:25.34	19,933	MCYC18
870	828	Sam Wittebrood	EGMOND AAN DE HOEF	MBAS	414	03:04:32	02:40:50	05:45:21	03:06:36.41	02:40:49.31	05:47:25.72	19,980	MBAS60
871	1051	Bart De Graaf	CASRTICUM	MCYC	234	03:08:37	02:37:42	05:46:18	03:09:39.15	02:37:52.17	05:47:31.31	19,925	MCYC18
872	994	Roelof Davids	DEN HAAG	MCYC	235	02:59:18	02:47:10	05:46:27	03:00:23.12	02:47:09.09	05:47:32.21	19,917	MCYC18
873	499	Eric Hegeman	UITGEEST	MBAS	415	02:54:48	02:51:44	05:46:32	02:56:07.59	02:51:43.86	05:47:51.45	19,912	MBAS50
874	364	Patrick van den Berg	'S-GRAVENZANDE	MBAS	416	03:07:46	02:38:49	05:46:34	03:09:48.77	02:38:50.46	05:48:39.23	19,910	MBAS18
875	571	Mikel Koeman	SPIJKENISSE	MBAS	417	03:21:54	02:24:29	05:46:22	03:24:25.13	02:24:55.74	05:49:20.86	19,921	MBAS18
876	629	Leon Meewezen	HEEMSKERK	MBAS	418	03:09:17	02:39:15	05:48:32	03:11:11.49	02:39:14.75	05:50:26.23	19,798	MBAS18
877	1082	Rob Van 't Hoff	ALKMAAR	MCYC	236	02:47:08	02:42:10	05:29:17	02:49:17.86	03:01:22.84	05:50:40.69	20,956	MCYC18
878	1463	Anita Bood	BREEZAND	VCYC	14	03:09:39	02:38:18	05:47:57	03:11:22.32	02:39:21.69	05:50:44.01	19,831	VCYC50
879	1315	Johan van Splunter	WESTERLAND	MCYC	237	03:09:30	02:38:23	05:47:52	03:11:11.96	02:39:32.15	05:50:44.10	19,836	MCYC50
880	1000	emlyn dekeyser	VELDEGEM	MCYC	238	02:57:01	02:54:43	05:51:44	02:59:51.20	02:54:46.54	05:54:37.73	19,618	MCYC40
881	335	Dik Alblas	HARDINXVELD-GIESENDAM	MBAS	419	02:48:13	03:06:28	05:54:41	02:48:49.14	03:06:27.90	05:55:17.04	19,455	MBAS18
882	621	John Maarse	LEIDERDORP	MBAS	420	03:09:20	02:53:30	06:02:49	03:10:04.60	02:53:34.25	06:03:38.85	19,018	MBAS50
883	933	Eric Bakker	HOOGWOUD	MCYC	239	03:07:45	02:56:56	06:04:40	03:09:24.46	02:56:55.35	06:06:19.80	18,922	MCYC18
884	1262	jos schuitemaker	HENSBROEK	MCYC	240	02:56:54	02:58:21	05:55:15	02:59:19.88	03:07:29.50	06:06:49.37	19,423	MCYC60
885	1203	Mads Nysted	SKANDERBORG (DK)	MCYC	241	03:06:58	02:57:21	06:04:19	03:09:18.70	02:59:04.75	06:08:23.45	18,940	MCYC50
886	402	Eric Buddelmeijer	OOSTZAAN	MBAS	421	03:07:59	03:00:31	06:08:30	03:09:47.21	03:00:30.76	06:10:17.96	18,725	MBAS50
887	1484	Eline Wielaard-Simons	BADHOEVEDORP	VCYC	15	03:03:18	02:54:08	05:57:25	03:03:25.16	03:07:08.11	06:10:33.27	19,305	VCYC18
888	1210	Jeroen Van der Pauw Kraan	SCHOORL	MCYC	242	03:12:38	02:59:14	06:11:51	03:14:37.42	02:59:13.53	06:13:50.94	18,556	MCYC50
889	652	Corstiaan Noort	'S-GRAVENZANDE	MBAS	422	03:08:09	03:04:34	06:12:43	03:10:06.00	03:04:37.28	06:14:43.27	18,514	MBAS18
890	339	Onno Amse	BEVERWIJK	MBAS	423	03:07:14	02:54:12	06:01:26	03:09:31.37	03:07:07.47	06:16:38.83	19,091	MBAS50
891	927	Peter Avis	PURMEREND	MCYC	243	03:08:32	03:08:42	06:17:14	03:09:21.66	03:08:41.91	06:18:03.57	18,292	MCYC50
892	957	Geert Jan De Boer	HEILOO	MCYC	244	03:08:36	03:08:40	06:17:15	03:09:25.29	03:08:41.22	06:18:06.51	18,291	MCYC18
893	1169	Frans Mak	HEILOO	MCYC	245	03:08:36	03:08:41	06:17:16	03:09:25.49	03:08:41.87	06:18:07.35	18,290	MCYC50
894	1472	Sandy Ter Horst	EGMOND AAN ZEE	VCYC	16	03:00:25	03:18:04	06:18:29	03:00:36.19	03:18:20.43	06:18:56.62	18,231	VCYC18
895	1465	ingrid Te Buck	EGMOND AAN ZEE	VCYC	17	03:00:25	03:18:08	06:18:32	03:00:35.95	03:18:20.68	06:18:56.62	18,229	VCYC18
896	964	Cees Bontje	LEIDSCHENDAM	MCYC	246	02:54:37	03:23:19	06:17:55	02:56:42.13	03:23:23.51	06:20:05.64	18,258	MCYC50
897	1466	Lotte Damen	EGMOND AAN ZEE	VCYC	18	03:00:25	03:20:39	06:21:04	03:00:35.40	03:20:45.56	06:21:20.95	18,107	VCYC18
898	1273	Jeroen Smit	GROET	MCYC	247	03:24:52	02:56:53	06:21:44	03:26:17.24	02:57:03.74	06:23:20.98	18,076	MCYC18
899	1181	Jeroen Minkema	GROET	MCYC	248	03:24:43	02:56:52	06:21:35	03:26:12.12	02:57:08.86	06:23:20.98	18,083	MCYC18
900	1313	Frans Tuin	GROET	MCYC	249	03:24:52	02:56:49	06:21:40	03:26:21.99	02:56:59.71	06:23:21.70	18,079	MCYC18
901	1137	Michael Koster	GROET	MCYC	250	03:25:07	02:56:50	06:21:56	03:26:25.25	02:56:56.61	06:23:21.85	18,066	MCYC18



902	1355	Paul Vrasdonk	GROET	MCYC	251	03:24:56	02:56:53	06:21:49	03:26:26.97	02:56:55.47	06:23:22.44	18,072	MCYC18
903	1226	Peter Rezelman	GROET	MCYC	252	03:24:41	02:56:59	06:21:39	03:26:15.64	02:57:08.58	06:23:24.21	18,080	MCYC18
904	993	Paul Dassel	SCHOORL	MCYC	253	03:25:14	02:56:54	06:22:08	03:26:35.79	02:56:55.79	06:23:31.58	18,057	MCYC18
905	1027	Stefan Eekhof	SCHOORL	MCYC	254	03:25:07	02:56:53	06:21:59	03:26:39.18	02:56:56.03	06:23:35.21	18,064	MCYC18
906	722	Martin Smit	GROET	MBAS	424	03:25:22	02:56:51	06:22:12	03:26:52.92	02:56:56.11	06:23:49.03	18,054	MBAS50
907	1108	Corjan Jongbloed	UITGEEST	MCYC	255	03:13:18	03:08:51	06:22:09	03:15:33.65	03:08:50.87	06:24:24.52	18,056	MCYC60
908	632	Dennis Meijer	POELDIJK	MBAS	425	03:04:06	03:20:05	06:24:11	03:06:40.03	03:20:42.92	06:27:22.95	17,960	MBAS18
909	1211	Jan Peereboom	ALKMAAR	MCYC	256	03:14:08	03:16:03	06:30:10	03:14:48.06	03:16:02.26	06:30:50.31	17,685	MCYC50
910	616	Allard Lodewijks	ALKMAAR	MBAS	426	03:14:06	03:16:14	06:30:20	03:14:47.00	03:16:15.75	06:31:02.75	17,677	MBAS18
911	989	willem cramer	ZOETERMEER	MCYC	257	03:23:33	03:04:40	06:28:12	03:26:23.37	03:04:51.63	06:31:15.00	17,775	MCYC60
912	1164	Menno van der Lugt	DELFGAUW	MCYC	258	03:23:39	03:04:51	06:28:30	03:26:21.07	03:05:04.87	06:31:25.94	17,761	MCYC50
913	982	Peter Brus	PIJNACKER	MCYC	259	03:23:43	03:04:52	06:28:35	03:26:27.14	03:05:01.01	06:31:28.15	17,757	MCYC50
914	915	Henk van Aalten	VEENENDAAL	MCYC	260	03:01:16	03:11:22	06:12:38	03:03:24.73	03:30:28.10	06:33:52.82	18,517	MCYC50
915	1258	Johan van Schoonhoven	ELST UT	MCYC	261	03:01:03	03:11:20	06:12:23	03:03:09.60	03:30:43.26	06:33:52.86	18,530	MCYC18
916	1346	Bart Van Viegen	LEERSUM	MCYC	262	03:01:13	03:11:22	06:12:35	03:03:21.46	03:30:31.64	06:33:53.10	18,520	MCYC18
917	1376	Jeroen Zonneveld	HEEMSKERK	MCYC	263	03:22:14	03:02:17	06:24:31	03:23:12.34	03:13:01.72	06:36:14.05	17,945	MCYC18
918	575	Martin Van den Kommer	HEILOO	MBAS	427	03:22:18	03:02:20	06:24:37	03:23:13.55	03:13:00.58	06:36:14.13	17,940	MBAS18
919	1280	Rick Spil	UITGEEST	MCYC	264	03:22:13	03:02:19	06:24:31	03:23:05.62	03:13:08.69	06:36:14.31	17,945	MCYC18
920	1015	Arie Dobbe	JULIANADORP	MCYC	265	03:25:41	03:12:26	06:38:07	03:27:48.06	03:12:25.97	06:40:14.03	17,332	MCYC60
921	1481	Ina Montsma	WIERINGERWERF	VCYC	19	03:12:58	03:15:16	06:28:13	03:14:44.18	03:27:01.84	06:41:46.01	17,774	VCYC18
922	788	Alfred Visser	WIERINGERWERF	MBAS	428	03:13:01	03:15:16	06:28:16	03:14:45.57	03:27:00.69	06:41:46.25	17,772	MBAS18
923	1281	Christiaan van Splunter	WESTERLAND	MCYC	266	03:12:56	03:15:21	06:28:17	03:14:41.71	03:27:07.27	06:41:48.98	17,771	MCYC50
924	1185	Tristan Moor	UITGEEST	MCYC	267	03:12:35	03:27:34	06:40:09	03:14:52.71	03:27:33.78	06:42:26.49	17,244	MCYC18
925	540	Martijn Jongste	AMSTERDAM	MBAS	429	03:10:29	03:31:39	06:42:08	03:13:00.01	03:31:49.83	06:44:49.83	17,159	MBAS18
926	1367	Bart Wiersma	HEEMSTEDE	MCYC	268	03:13:37	03:30:47	06:44:23	03:15:35.07	03:30:46.07	06:46:21.14	17,063	MCYC18
927	1025	Rien Eckhardt	ROOSENDAAL	MCYC	269	03:12:56	03:32:08	06:45:04	03:14:20.55	03:32:46.92	06:47:07.47	17,035	MCYC60
928	1180	Bart Middelhoven	VEENENDAAL	MCYC	270	03:01:12	03:25:09	06:26:20	03:03:23.46	03:44:11.71	06:47:35.17	17,860	MCYC18
929	1141	Arthur Kratz	VEENENDAAL	MCYC	271	03:01:03	03:25:16	06:26:19	03:03:10.43	03:44:24.78	06:47:35.20	17,862	MCYC18
930	1192	Rob Niele	HOOGWOUDE	MCYC	272	03:07:47	03:38:23	06:46:10	03:09:26.49	03:38:23.38	06:47:49.86	16,989	MCYC50
931	1085	bas van holten	REEUWIJK	MCYC	273	03:21:50	03:31:08	06:52:57	03:24:12.06	03:41:21.62	07:05:33.68	16,709	MCYC18
932	1259	Mark Schoorl	LIMMEN	MCYC	274	03:21:32	03:31:52	06:53:24	03:24:20.97	03:44:25.53	07:08:46.49	16,691	MCYC18
933	602	Dennis Langedijk	HEILOO	MBAS	430	03:21:22	03:32:09	06:53:31	03:24:12.15	03:44:34.41	07:08:46.55	16,687	MBAS18
934	1129	Jaap Van den Kommer	HEILOO	MCYC	275	03:22:31	03:31:41	06:54:12	03:25:16.07	03:43:30.79	07:08:46.86	16,659	MCYC50
935	1175	Darren McGarry	HEILOO	MCYC	276	03:21:01	03:32:10	06:53:10	03:23:53.71	03:44:53.18	07:08:46.89	16,701	MCYC50
936	1042	Norbert Geels	ZWOLLE	MCYC	277	03:26:38	03:53:46	07:20:24	03:27:05.70	03:53:45.12	07:20:50.82	15,668	MCYC18
937	1019	Aad Domselaar	JULIANADORP	MCYC	278	03:44:22	03:38:42	07:23:03	03:47:00.94	03:38:41.27	07:25:42.21	15,574	MCYC18
938	1369	Stephan Wohlmeiner	WARSTEIN	MCYC	279	03:41:45	03:42:50	07:24:35	03:44:19.38	03:47:47.34	07:32:06.71	15,521	MCYC50

939	1340	Richard Verkerk	PUTTERSHOEK	MCYC	280	03:42:13	03:51:26	07:33:39	03:43:52.47	03:51:25.78	07:35:18.24	15,210	MCYC18
940	1056	Bert Groen	BURGERBRUG	MCYC	281	03:50:33	03:50:31	07:41:03	03:50:58.67	03:50:30.18	07:41:28.85	14,966	MCYC60
941	1242	Boris Van Ryckeghem	OEDELEM	MCYC		02:23:59	01:55:14	04:19:12	02:26:55.37	01:55:18.20	04:22:13.57	26,620	MCYC18 DQ
942	1422	Diana Ligthart	ALKMAAR	VBAS		02:27:46	01:57:39	04:25:25	02:27:45.40	01:57:48.56	04:25:33.95	25,998	VBAS18 DQ
943	1220	Roelof Pruiksma	OUDORP	MCYC		02:29:54	01:56:10	04:26:04	02:31:49.65	01:56:25.86	04:28:15.50	25,935	MCYC40 DQ
944	1373	Matthijs Zaat	KWINTSHEUL	MCYC		02:28:40	02:00:24	04:29:03	02:29:44.42	02:00:29.93	04:30:14.34	25,646	MCYC18 DQ
945	1105	Michiel Jak	ASSENDELFT	MCYC		02:31:13	02:00:20	04:31:33	02:31:49.08	02:00:28.79	04:32:17.87	25,410	MCYC18 DQ
946	1121	Remy Van der Knaap	KWINTSHEUL	MCYC		02:32:51	02:00:23	04:33:13	02:33:52.99	02:00:29.89	04:34:22.88	25,255	MCYC18 DQ
947	1126	Gerard van der Kolk	EGMOND AAN DEN HOEF	MCYC		02:32:29	02:04:26	04:36:54	02:33:45.88	02:04:38.11	04:38:23.99	24,919	MCYC18 DQ
948	1344	Tijmen Verver	HEILOO	MCYC		02:27:33	02:10:19	04:37:51	02:28:54.88	02:10:23.61	04:39:18.49	24,834	MCYC50 DQ
949	1257	Bert Scholten	BEST	MCYC		02:31:44	02:05:30	04:37:14	02:33:43.37	02:05:48.40	04:39:31.76	24,890	MCYC18 DQ
950	1321	Timo van de Kastele	THOLEN	MCYC		02:30:57	02:06:15	04:37:11	02:33:51.65	02:06:14.13	04:40:05.77	24,894	MCYC18 DQ
951	1347	Jaap Visbeen	NIEUWE TONGE	MCYC		02:32:23	02:04:21	04:36:43	02:36:07.97	02:04:26.51	04:40:34.48	24,936	MCYC18 DQ
952	912	Jack Burgering	LIMMEN	MCYC		02:35:05	02:07:19	04:42:24	02:35:50.90	02:07:29.13	04:43:20.02	24,434	MCYC50 DQ
953	1207	Edwin Paauwe	ALKMAAR	MCYC		02:32:47	02:13:02	04:45:49	02:35:20.61	02:13:05.85	04:48:26.45	24,143	MCYC18 DQ
954	1223	Vincent Rasch	ZUID SCHARWOUDE	MCYC		02:37:51	02:08:39	04:46:29	02:41:50.33	02:08:45.71	04:50:36.04	24,086	MCYC50 DQ
955	1101	Michael Häring	HILPOLTSTEIN	MCYC		02:33:27	02:19:26	04:52:52	02:34:22.29	02:19:43.47	04:54:05.75	23,560	MCYC18 DQ
956	1312	Dennis van Toorenborg	EGMOND AAN DEN HOEF	MCYC		02:35:10	02:18:30	04:53:39	02:37:51.87	02:18:29.61	04:56:21.48	23,497	MCYC18 DQ
957	980	Fred Brinks	ASSENDELFT	MCYC		02:41:40	02:13:04	04:54:44	02:44:14.81	02:13:04.59	04:57:19.40	23,412	MCYC50 DQ
958	1335	marcel verburg	KUDELSTAART	MCYC		02:40:18	02:18:37	04:58:55	02:42:01.30	02:18:45.34	05:00:46.63	23,084	MCYC50 DQ
959	1153	Peter Laan	CASTRICUM	MCYC		02:45:08	02:13:02	04:58:10	02:47:43.85	02:13:04.78	05:00:48.63	23,143	MCYC50 DQ
960	1299	Joeri Stubbe	OOSTKAMP	MCYC		02:42:19	02:15:40	04:57:59	02:45:19.14	02:15:42.52	05:01:01.65	23,157	MCYC40 DQ
961	1186	Jeroen van Mourik	ZIERIKZEE	MCYC		02:44:41	02:14:31	04:59:12	02:47:19.58	02:14:32.21	05:01:51.78	23,062	MCYC18 DQ
962	1202	Marcel Noppen	'T ZAND	MCYC		02:38:47	02:21:48	05:00:35	02:40:27.86	02:21:50.07	05:02:17.92	22,956	MCYC50 DQ
963	1090	Coen de Hoop	UTRECHT	MCYC		02:40:33	02:20:47	05:01:19	02:42:03.88	02:20:50.00	05:02:53.88	22,900	MCYC18 DQ
964	938	Henry Beentjes	CASTRICUM	MCYC		02:45:44	02:14:48	05:00:32	02:48:24.37	02:14:51.23	05:03:15.59	22,960	MCYC50 DQ
965	1047	René Goeman	WIJK AAN ZEE	MCYC		02:45:58	02:16:42	05:02:40	02:47:22.90	02:16:52.61	05:04:15.51	22,798	MCYC50 DQ
966	1068	Jorn van der Ham	ROTTERDAM	MCYC		02:42:44	02:19:13	05:01:57	02:45:18.41	02:19:12.63	05:04:31.04	22,853	MCYC18 DQ
967	951	Jop van der Bijl	HEILOO	MCYC		02:55:15	02:15:43	05:10:58	02:56:00.55	02:15:45.20	05:11:45.75	22,189	MCYC18 DQ
968	1055	Harry Grimm	HILPOLTSTEIN	MCYC		02:50:35	02:23:17	05:13:52	02:51:30.70	02:23:37.94	05:15:08.63	21,984	MCYC18 DQ
969	1062	Jan-Willem Te Gussinklo ohmann	ZANDVOORT	MCYC		02:52:55	02:19:22	05:12:17	02:56:01.40	02:19:25.89	05:15:27.29	22,096	MCYC18 DQ
970	1077	Rob Hetsen	SCHAGEN	MCYC		02:52:57	02:20:18	05:13:15	02:55:48.84	02:20:21.15	05:16:09.98	22,028	MCYC18 DQ
971	937	Joep van Beekveld	CALLANTSOOG	MCYC		02:53:10	02:20:12	05:13:22	02:56:03.18	02:20:20.68	05:16:23.85	22,019	MCYC18 DQ
972	958	Diederik de Boer	'T ZAND	MCYC		02:53:00	02:20:19	05:13:18	02:56:05.82	02:20:22.19	05:16:28.01	22,024	MCYC50 DQ
973	1285	Frank Steehouwer	SEROOSKERKE	MCYC		02:52:07	02:21:22	05:13:28	02:55:00.55	02:21:34.18	05:16:34.73	22,012	MCYC60 DQ
974	1052	Erik de Graaf	SCHAGEN	MCYC		02:53:21	02:20:18	05:13:39	02:56:18.13	02:20:20.77	05:16:38.90	21,999	MCYC50 DQ
975	1119	Sander Kliphuis	SCHAGEN	MCYC		02:53:14	02:20:41	05:13:54	02:56:23.50	02:20:51.57	05:17:15.07	21,982	MCYC40 DQ
976	1190	John Narold	ALKMAAR	MCYC		02:50:03	02:29:02	05:19:04	02:50:07.57	02:29:03.50	05:19:11.07	21,626	MCYC50 DQ

977	1292	klaas stielstra	STIENS	MCYC	02:53:18	02:24:34	05:17:51	02:56:18.20	02:24:41.21	05:20:59.41	21,708	MCYC18	DQ
978	1074	Henri van Helden	DRUNEN	MCYC	02:54:54	02:27:18	05:22:12	02:57:16.50	02:27:20.03	05:24:36.52	21,416	MCYC18	DQ
979	1078	Peter Van den Heuvel	ZIERIKZEE	MCYC	02:53:34	02:34:02	05:27:35	02:56:11.04	02:34:02.92	05:30:13.95	21,064	MCYC18	DQ
980	1322	Jack van der Bent	EINDHOVEN	MCYC	03:04:11	02:31:35	05:35:46	03:06:43.47	02:31:34.81	05:38:18.28	20,550	MCYC60	DQ
981	1132	Edo Kooiman	DEN BURG	MCYC	02:53:48	02:46:10	05:39:57	02:56:30.16	02:46:09.14	05:42:39.30	20,298	MCYC50	DQ
982	924	Peet van der Arend	NAALDWIJK	MCYC	03:05:38	02:38:57	05:44:34	03:06:48.44	02:38:56.56	05:45:45.00	20,025	MCYC50	DQ
983	1255	Jan-Willem Schlotter	ZEEWOLDE	MCYC	03:03:51	02:39:10	05:43:00	03:06:58.11	02:39:16.02	05:46:14.13	20,117	MCYC50	DQ
984	1353	Laurens Voogt	SPIJKENISSE	MCYC	03:04:30	03:20:02	06:24:32	03:07:02.17	03:20:20.62	06:27:22.79	17,944	MCYC18	DQ